

# The Walnut Leaf

*The Bulletin of the Rotary Club of Walnut Creek*  
[www.rotarywc.org](http://www.rotarywc.org)



**International**  
President  
**Gordon R. McNally**  
Scotland  
President Elect  
**Stephanie A Urchick**  
United States  
President Nominee  
**Mário César**  
**Martins de Camargo**  
Brazil

**District 5160**  
Governor  
**Claire Roberts**  
Governor Elect  
**Dan Gerdali**  
Governor Nominee  
**Joy Alaidarous**

**Walnut Creek  
Club 465**  
President  
**Gordon Fischer**  
President Elect  
**Marcia Gerg**



## Today's Meeting

**Mark Roberts:** Rotary District Foundation Chair  
Foundation Update

## Office Nominations.

Past President **Jesse Smyers** announced the nominated officers for club offices into the year 2025 at our last meeting. The proposed officers are:

- Continuing Board Members:
  - **Ivan Kerr, Ken Anderson, Prem Abraham**
- Newly Nominated Board Members:
  - **Betsy Yuan, Shalini Lugani, Ted Ford**
- President Elect 2024-2025: **Marcia Gerg**
- Recording Secretary: **Jason Callan**
- Attendance Secretary: **Trudy Cumming**
- RI Foundation Secretary: **Gordon Fischer**
- Treasurer: **John McClintic**
- Sergeant at Arms: **Tony Pasol**
- President Nominee 2025-2026: **Tony Pasol.**

## Dr. Ikediobi has applied for membership.



Doctor **Ogechi ("Chi") Ikediobi** has applied for membership in our club. The club's board of directors has reviewed and approved the application. She spoke to our club a few weeks ago, primarily about her specialty—dermatology and has a practice here in Walnut Creek. "I have started a medical dermatology practice on the princi-

Continued on Page 3

Rotary Club of  
Walnut Creek

# Holiday Party

\* **FUN** \* **FOOD** \* **MUSIC** \*  
**& AN UGLY SWEATER CONTEST!**

## **WHEN**

12 December 2023  
6pm- 9pm

## **WHERE**

Lakeside Room  
Heather Farms Community Center

Celebrate the holidays and a fantastic year with the Rotary Club of Walnut Creek!

Tickets are \$65 per person and includes music, dinner & wine.

RSVP: By Dec. 6, 2023 to Tony Pasol [stpasol@gmail.com](mailto:stpasol@gmail.com) or 415-519-6013

ples of holistic health—addressing the whole human being rather just the presenting illness in order to properly diagnose and treat dermatological diseases. In doing so, I guide my patients on a journey to healing that feels redemptive.”

She and her husband, Steffen Durinck, live in Orinda. **Shalini Lugani** is **Chi’s** sponsor.

Any member who has comments about this application is encouraged to contact our club secretary **Marcia Gerg**.

### **Dr. DeVinney has applied for membership.**



Doctor Craig DeVinney (but not his son) has applied for membership in our club. The club’s board of directors has reviewed and approved the

application.

Craig has been working as an Emergency Room doctor working for John Muir in Walnut Creek for the last 17 years. While there, he has served as chair for the disaster preparedness committee.

He and his wife Jennifer live here in Walnut Creek with their 3 sons. He has coached boys soccer, basketball and lacrosse. He’s also completed an Ironman competition in 2010! He and his wife are gold level sponsors of WCEF (Walnut Creek Educational Fund).

Gene Voelkel is Craig’s sponsor.

Any member who has comments about this application is encouraged to contact our club secretary **Marcia Gerg**.

### **Holiday Party...**

You may have noticed... the flyer for our holiday party on the facing page? Is it on your calendar yet? The date is December 12<sup>th</sup>, the place Heather Farms, Lakeside Room. The menu for the evening can be found on the last page of the newsletter!

### **Number two!**



Our project to install Little Free libraries around the city continues with the installation of the second kiosk on Mt. Diablo Blvd.! Betsy Yuan plans to bring the books to “seed” it to today’s meeting. Once done the concept is that it will self perpetuate as people bring books to share as well as take books to read..





## Assistance League Help

Carolina Alas-Hemphill

Hello Everyone,

Thank you so much for joining me at Assistance League of Diablo Valley this past Wednesday.

We helped fill 60 food boxes for families in need in Contra Costa County.

Your generosity, good will and hard work was very much appreciated.

Please extend my thanks to **Pat Smyers**, **Kris Mendes**, and **Sheryl Kerr**.

Best Regards,

Carolina

[pictures on facing page 5]

## Join the Fun...Happy Hour

Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Contact **Darin Kelly** for details and to see if this is a meeting week.

## Coming Meetings & Events...

December 12: Club Holiday Party

December 19: Taylor Foxworthy

Organizing and Decluttering Tips

December 26: Dark

January 2, 2024: Dark

January 9, 2024: Leah Briones

Foothill Mental Health Project

January 16, 2024: **Jack Fischer**

Stores about the Club

January 30, 2024: **Hari Boukis**

New Website Introduction



## The 4-Way Test

*of things we do and say:*

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?



## Assistance League Food Program

Tuesday December 5, 2023 Volume 92 Number 21

## Other Club Positions

Immediate Past President

**Gary Stein**

Secretary

**Marcia Gerg**

Rotary International

Secretary

**Layton Hansen**

Attendance Secretary

Polio Plus Warrior

**Trudy Cumming**

Treasurer

**John McClintic**

Sergeant at Arms

**Trudy Cumming**

Bulletin Editor

**Clint Collier**

Membership

**Cathy Durfee**

**Trudy Triner**

Community Outreach

**Trudy Triner**

Club Hospitality

**Darren Kelly**

Audio Visual

**Tony Pasol**

Fellowship

**Jason Callan**

Speaker Committee

**Carolina Alas-Hemphill**

**Matt Guichard**

**Prem Abraham**

**Peter Kohn**

2021-2023 Directors

**Prem Abraham**

**Darren Kelly**

**Trudy Trinner**

2022-2024 Directors

**Jason Callan**

**Jerry Benoit**

**Lance Mendes**

District Officers

DV8 Asst Governor

**Cathy Durfee**

**December's**

**Team!**

**Tony Pasol (Leader)**

**Marcia Gerg**

**Scott Wilson**

**Darren Kelly**

**Rod Uffindell**

**Ivan Kerr**

**Jean Renette**

**Sabine Webb**

**Walt Youngman**

## Live Meetings

Members have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page If you want to order a lunch, please email your order to:

**John McClintic**

at [jmclintic@bamlaw.com](mailto:jmclintic@bamlaw.com) or  
leave voicemail at 925.256.8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

**Orders must be received no later than noon, Friday preceding the meeting.**

Your meal is included in the \$23 live meeting charge for diners. "No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

Want to join us by Zoom? The Zoom session starts at 12:00pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdEQT09>

Meeting ID: 939 5921 4209 Passcode: WCRotary



# Next week - Lunch Choices Catered by Sunrise Bistro

## BOX LUNCHES

### Sandwich Box

Made with our Herbed or Whole Wheat Breads  
Includes Potato or Pasta Salad, Lemon Bar, Brownie  
or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA

Tri Tip & Caramelized Onions - Cashew Chicken

Salad - Tuna Salad - Egg Salad

Vegetarian: Herbed Cream Cheese, Avocado, Carrots,  
Beets, Cucumber, Tomato & Sprouts

Roasted Veggie: Roasted Veggies with Tomato Basil  
Pesto Spread

Vegan: Hummus, Avocado, Carrots, Beets,  
Cucumber, Tomato & Sprouts



### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or  
Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad

(GF) - Chicken or Flaked Salmon Caesar's Goddess -

Greek - Chicken & Roasted Vegetable (GF) -

Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia  
Seed Pudding

\*\* Mariposa Gluten Free Bread

## SPECIALTY BOXES

### Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Sweet Potato, House Salsa, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red  
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,  
Herbed Lemon Tahini Dressing, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Roasted Sweet Potatoes, Fresh Fruit & Nuts



# *Holiday Celebration Menu*

*Appetizers:*

*Classic Bruschetta*

*Mushroom and Chicken Empanadas*

*Salad:*

*Holiday Pomegranate*

*Mains:*

*Hand Carved Tri-Tip with Portabella Sauce*

*Baked Salmon with Lemon Capers Sauce*

*Roasted Tomato Pasta (vegetarian selection)*

*with*

*Roasted Potatoes and Mixed Vegetables*

*Dessert:*

*Tres Leches Christmas Cake*

*Musical entertainment provided by the Tonic Trio*