Today’s Meeting
Karen Douglas Assistance League

Paul Harris

Don Willoughby recently achieved his second Paul Harris Award which was presented to him at our first meeting of ‘23 by Foundation Secretary and President Elect Gordon Fischer!

At the same meeting...
President Gary Stein, caught up on old business so to speak by presenting last year’s new members with and Object of Rotary Plaque, a definite upgrade from the
printed plaques we have presented to new members over the years.

We will need volunteers…

to help construct 2 pergolas for the City of Walnut Creek. We will be funding the project and they will acquire and supply the material needed. Don Willoughby will be our construction project manager and we need volunteers to do the staining, drilling, and assembly of the wooden structure. The city engineers will do the floor and the footings. We expect that this will happen in the early spring. Stay tuned but let Don know if you are interested in helping.

January is Vocational Service Month

Anyone who wants to talk about their work or profession should contact President Gary to make a 5 minute presentation to the club.
Walnut Creek Rotary
Bingo social evening...
Keep the date of March 11th open for our Bingo Night for members, family and friends. It will be held at the Lakeside Room where we currently hold our weekly meetings and will include a pasta dinner! Price is still to be determined but should not be more than $75 per person. It will include the dinner, wine, a bingo card and marker. Additional Bingo cards will be available for purchase. We will have prizes for Bingo winners. Also, there will be a raffle and silent auction as an added bonus. All proceeds will go to the Walnut Creek Community Foundation for organizations we support during the year.

Live Meetings
Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page
If you want to order a lunch, please email your order to John McClintic at jmcclintic@bamlaw.com or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the $23 live meeting charge for diners. "No-shows" will be charged the full $23. The meeting charge for non-diners attending live is $10.

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.
https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdeEQ09
Meeting ID: 844 1076 5063 Passcode: Rotary
Local dial-up audio numbers: San Jose 1.669.900.6833 or Houston 1.346.248.7799.
BOX LUNCHES

Sandwich Box
Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie or Chocolate Banana Bread (Chef’s Choice)

Selections:
- Turkey - Turkey & Cranberry - Ham - BLT
- Tri Tip & Caramelized Onions - Cashew Chicken Salad - Tuna Salad - Egg Salad
- Vegetarian: Herbed Cream Cheese, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts
- Roasted Veggie: Roasted Veggies with Tomato Basil Pesto Spread
- Vegan: Hummus, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts

Salad Boxes
Include Fresh Roll, Butter, Lemon Bar, Brownie or Chocolate Chip Banana Bread (Chef’s Choice)

Selections:
- Cobb (GF) - Thai Chicken, Cashew Chicken Salad (GF) - Chicken or Flaked Salmon Caesar’s Goddess - Greek - Chicken & Roasted Vegetable (GF) - Edamame & Avocado Quinoa (GF)

** (GF) (Vegan) Includes Piece of Fresh Fruit & Chia Seed Pudding
** Mariposa Gluten Free Bread

SPECIALTY BOXES

Cindy’s Special Box
Grilled Mary’s Chicken Breast, Roasted Vegetables, Sweet Potato, House Salsa, Fresh Baked Roll, Brownie or Lemon Bar (Chef’s Choice)

Tahini Lentil Bowl
Roasted Cauliflower & Broccolini, Charred Red Onions, Lentils, Baby Chard & Kale, Toasted Seeds, Herbed Lemon Tahini Dressing, Fresh Baked Roll, Brownie or Lemon Bar (Chef’s Choice)

Paleo Box (GF)
Grilled Mary’s Chicken Breast, Roasted Vegetables, Roasted Sweet Potatoes, Fresh Fruit & Nuts