

THE WALNUT LEAF



ROTARY INTERNATIONAL
DISTRICT 5160 CLUB 465

2014 2015 Theme:
"Light Up Rotary"

RI President: Gary C.K. Huang
Dist Governor Pam Gray
Club President Milt Smith
Pres-Elect Dess Benedetto
Imm. Past Pres. Bob Romero
Membership Jerry Benoit

The Rotary Club of Walnut Creek

Directors 2014-2016: Trudy Cumming,
Darren Kelly, Jesse Smyers.
Sgt at Arms Brian Dutler
Attendance Secretary Quentin Alexander
Bulletin Editor: John McClintic

Directors 2013-2015: Mary Azevedo,
John Fenoglio, Bob Morgan
Secretary Doug Switzer
Treasurer Layton Hansen
New Member Coordinator Jack Fischer

St Patrick's Day Tuesday March 17, 2015

Volume 83

Number 35

Thought for the Day: Marty O'Larsen Roving Mic/Introductions: Carl O'Manna

Today's Speaker: Michael Young, "Surprising New Ways to Pay for Long Term Care"

Irish Thought for the Day: "May you be in heaven 10 minutes before the devil knows you're dead."

Welcome New Member, Jean Edwards:

Jean recently retired from John Muir Medical Health after 18 years as a Registered Respiratory Therapist. She is a citizen volunteer at the Concord Police Department and an Ambassador at the Oakland Museum of California.

Recognitions: Dess Benedetto attended the President Elect Training Seminar and had a great time. **Bert Payne** is recovering from a kidney stone. **Bob Schroder** is back in attendance after his hip injury. **Mark Cranmer** is still recovering at home from his illness and welcomes calls. **Trudy Triner** is pleased with the recent article featuring her and son Jack's new business Paleoventures.org. **Steve Derby** is celebrating 15 years of his own law firm. **Richard Hsu's** son will be competing with his junior high school team at a robotics competition in Riverside. **Jonathan Bishop** has a new driveway. **Sabine Webb** thanks the Club for its support as she works from home while helping her son Jaden struggle to cope with a recover from severe nausea and a rare autonomic nervous system disorder "POTS" which causes his heart to race when going from sitting to a standing position.

ROTARY DISTRICT 5160 ASSEMBLY:

Three Dates/Locations: SATURDAY, MARCH 21--North--Shasta Unified School District Offices, 2200 Eureka Way, Redding, CA 96003, **SATURDAY, MARCH 28**—Central--Butte College Oroville, 3536 Butte Campus Drive, Oroville, CA; **SATURDAY, APRIL 25**—South--Solano Community College – Vallejo, 545 Columbus Parkway, Vallejo, CA 94591. All sessions: Coffee: 8am, Program: 8:30am–2pm. Who should attend? Presidents-Elect, Presidents-Nominee, Club Board members, Treasurers, Secretaries, New Rotarians, Club Officers, Leaders, Aspiring Leaders, Committee Chairs, Directors, Publicity Chairs, Web Designers, and anyone who wants to know a bit more about Rotary. Learn about The Rotary Foundation, Membership, Youth programs, ways to improve your public speaking skills, how to get into the DacDb database and what it can do for your club. Come spend a Saturday morning with your friends, leave more inspired, more motivated, ready and prepared to do the work of Rotary.

Rotary Club of Tokyo-Kohoku Summer Exchange 2015. We are looking for college students 18-22 years of age to apply to be our Club's exchange student to visit with the Tokyo-Kohoku Club in Japan this July or

August. Please contact **Richard Hsu** 925-988-0826 or ric88899@yahoo.com.

Fishing in the City, Sat April 11th (8:30 to 11:30) at Heather Farms. For those of you who are new to Fishing in the City, it's a fourth graders' fishing event we put on in partnership with the Buena Vista School, the Department of Fish and Game, the City of Walnut Creek and our Rotary Club. Buena Vista incorporates a curriculum around fishing, watershed issues and conservation in the classroom. Then the week prior to the event, a few of us will be going out to Buena Vista Elementary School on Wednesday and Thursday to teach the kids how to tie knots, bait hooks and cast, as well as telling fishing stories and teaching ethics. The Department of Fish and Game plants fish at Heather Farms, and on Saturday the kids and many of their parents come out for a morning of fishing and fun. If you want to help out with the kids on the day of the event please contact **John Gardner**, at the meeting or by email at JGardner@Donahue.com, or phone at 925-746-7770. You don't need to know anything about fishing in particular, and it should be a beautiful morning for it!

Rotary Golf Tournament, April 17, Boundary Oak Golf Course: Reg/Lunch 11:45, Shotgun Start 1pm, Dinner 5:45 to 7pm. \$95 includes range, lunch, dinner, prizes. Proceeds benefit Agua Nicaragua Project. Signup with **Brian Dutler**.

Rotary LN-4 Artificial Hand Project—A Trip to help the Rotary Club of Cartago, Costa Rica, May 9-10. Cartago is a city 25 km (16 miles) east of the capital city San Jose, Costa Rica. It's an eight hour flight

Upcoming Club Meetings/Events:

Mar 24 Assistance League of Diablo Valley

Mar 31 Kelly Davidson, Mt. View Sanitary District, "The Peyton Slough Marsh Complex"

Apr 7 David Gerson, Loaves and Fishes of Contra Costa

Apr 14 Felicia Fernandez, First Tee of Contra Costa County

Apr 21 Harvey Samuels, Rossmoor Seniors Tutor Program for the Boys Ranch

Apr 28 Jay Caywood, Inner Wheel Club's Myoelectric Limb Project—Empowering Human Potential

from here with 1 stop. Contact **Bob Romero** romero0425@aol.com 925-256-8470 if you would like information about this International service project trip. You also can expand your trip (on your own) to include a vacation in local safe and beautiful beaches and resorts at Manuel Antonio, Playa Conchal, Hacienda Pinilla, and rain forest sites including Monte Verde and Tortugero. Check these locations out on the internet (Bob suggests searching Costa Rica generally and Cartago or any of the above locations individually).

Career Connections Day May 12: Our Club will host a career connections program on May 12 to coincide with our lunch program that day about the Four Way Test presented by **Karen Lile**. The format this year will be different from years past. This year we will adopt a one to one format in which one mentor will host one or two students for a morning of career guidance. The mentor could host the student for coffee or breakfast then spend a few hours showing that person what his chosen career is like. How did he get started? What are the possible career paths? A day in the life! Students and mentors are then invited to join us for our noon lunch. Each mentor will be asked to recruit his or her students from local professional organizations or colleges. **Karen Lile** has contacts with DVC and can help with finding students to mentor. A signup sheet will be circulated. Please contact **David Levien** dlevien48@gmail.com or **Jesse Smyers** jesse.smyers@comcast.net with questions.