

# The Walnut Leaf

*The Bulletin of the Rotary Club of Walnut Creek*

[www.rotarywc.org](http://www.rotarywc.org)

## **Rotary International**

International President

**Shekhar Mehta**

India

International President

Elect

**Jennifer Jones**

Canada

International President

Nominee

**Gordon R. McNally**

Scotland

## **District 5160**

District Governor

**Kathy Suvia**

District Governor Elect

**Suzanne Bragdon**

District Governor Nominee

**Claire Roberts**

## **Walnut Creek**

**Club 465**

President

**Peter Kohn**

President Elect

**Gary Stein**

President Nominee

**Gordon Fischer**

## **Today's Meeting is ZOOM and Live**

See page 6 for instruction on Zoom meetings.

## **Ted Ford**

### **Has applied for membership.**



Ted is a resident of Walnut Creek and retired. Previously he was a Peace Corps Volunteer then a foreign service officer before working in the banking industry. In 2001 he started working with Cole European in auto sales. He is sponsored by **Trudy Triner.**

## **Saying goodbye**

The memorial service for our fellow Rotarian and past president, **Bruce Johnson** will be March 19<sup>th</sup> at 11:00, Lafayette Orinda Presbyterian Church, Lafayette.

## **Fifth Paul Harris Award**

At last week's meeting **Gordon Fischer** presented **Jerry Benoit** with his fifth Paul Harris award for his support of the Rotary Foundation. Congratulations **Jerry**, well done.



## White Pony Express



WHITE  
PONY  
EXPRESS

a number of our Rotarian members are now volunteering at White Pony Express Helping with sorting, packing and other chores.



# Do you remember?

In June 2016 members of a Rotary Exchange program designed to spread peace and understanding world wide visited our club to introduce us to their homeland.



Viktoria and Serj at Michael Barrington's  
Smiles all around



A happy Viktoria



Serj... introducing us to his country.

*Sadly...* this is their message to us today, four years later.

 **Viktoria Sybir**  
14h · 🌐

The Russian Mir came to the Yakivlivku of Kharkiv region.  
At ten o'clock in the evening, they began to hide from the air, according to the locals, - they did a few rounds over the village and started over. There are no military objects in the village, there is no gathering of our military, the village is actually very small. It was. Up to this morning. There is no greater village.  
In the truck of the dead bodies. Understand that all this needs to be filmed, but I can't, I just can't.  
In the photo in a blue blanket - the dead owner of the house, his wife's body is still looking for under the ruins.  
Residents of neighboring settlements came to the village - to help undress everything. Elderly men with red tears in their eyes scream at the camera that the killer is a fucking killer. The woman, in whose house was overnight, nine people, complained that the whole breast was in the bruise, because when it all started, she fell on the children and covered them up.  
No I'm not okay and I probably never will ever be. I envy those who can cry.

[🔗 See original](#) - [Rate this translation](#)





As one of the world's largest humanitarian organizations, Rotary has made peace the cornerstone of our global mission. We are deeply concerned about the Ukraine crisis and need your help.

Rotary is made up of people of action, especially in difficult times. In response to the deepening refugee crisis, The Rotary Foundation Trustees have decided to prioritize contributions made to the Disaster Response Fund until 30 April 2022 to support disaster response grants for districts affected by these events. These expedited disaster response grants can be used to supply water, food, medicine, shelter, and clothing.

Half a million\* people have fled Ukraine and are in dire need of emergency aid. The United Nations estimates that number of refugees could grow to as many as 5 million people displaced. Rotary clubs in Europe and around the world have stepped up their relief work, some working on the ground to help displaced families.

With your donation to our Disaster Response Fund, we can support communities and help rebuild lives during this tragic time.

Sincerely,

John Germ  
Trustee Chair, 2021-22  
The Rotary Foundation

[DONATE](#)

\* John is a little behind the times I fear. As of 3/3 when this was received it was over one million! I wonder if his "Rotary Clubs around the world have stepped up..." includes those in Russia? {Editor}

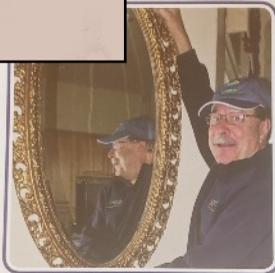
Tuesday March 8<sup>th</sup> 2022 Volume 90 Number 32

## We have been invited Trudy Triner...



by the Rotary Club of Lamorinda to join them on Saturday, March 26th [**Note the new date!**] for their "last Saturday of the month" Home Team volunteer day. We will shadow one of their teams to learn the ropes and observe how they work with both clients and with one another. If our club decides to form our own Home Team in the future, we will receive requests from Walnut Creek senior residents and spend one Saturday morning a month responding to those requests. So far, **Don** and **Rose** have volunteered to participate on February 26th and others are welcome! Please contact **Trudy Triner** if you have any questions or would like to join on the 26th.

Several of our past presidents, including **Bruce Johnson**, have wanted to make this happen and it would be great to make this the year it actually did! Perhaps we could do it in honor and memory of Past President, **Bruce**, who would have undoubtedly been the first to volunteer!



### THE NEED:

For many seniors, common household repairs are no longer easy to do on their own. Family members may not be able to help, and the ability to pay someone for the repairs may not be possible either.

Rotary Home Team™ can assist with common maintenance issues such as:

- \* replacing hard to reach lightbulbs
- \* changing smoke alarm batteries
- \* fixing a leaky faucet
- \* repairing sticky doors
- \* adjusting handles or cabinet drawer pulls
- \* resetting tripped circuit breakers
- \* and many other small repairs

### Rotary

#### WHO WE ARE

Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.



Rotary Home Team™ provides basic home maintenance to seniors at **NO CHARGE**. The goal of the program is to identify seniors in the community who need assistance and to coordinate volunteer Rotarians to visit and make any necessary repairs they may need. Rotary Home Team™ work days are scheduled by your local rotary club. Call or email us for more information.



EVERY

ROTARIAN

EVERY

YEAR



HAVE YOU MADE A DONATION YET?

ALL IT TAKES IS \$25... BUT \$100 IS BETTER!

---

## Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farms Garden Center. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page

If you want to order a lunch, please email your order to **John McClintic** at [jmclintic@bamlaw.com](mailto:jmclintic@bamlaw.com)

or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

**Orders must be received no later than noon, Friday preceding the meeting.**

Your meal is included in the \$23 live meeting charge for diners.

"No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

## Zoom Meetings

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us02web.zoom.us/j/3315080026>

Meeting ID: 331 508 0026

Local dial-up audio numbers: San Jose 1.669.900.9128 or

Houston 1.346.248.7799.

# Lunch Choices Catered by Sunrise Bistro

## BOX LUNCHES

### Sandwich Box

Made with our Herbed or Whole Wheat Breads  
Includes Potato or Pasta Salad, Lemon Bar, Brownie  
or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA  
Tri Tip & Caramelized Onions - Cashew Chicken  
Salad - Tuna Salad - Egg Salad  
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,  
Beets, Cucumber, Tomato & Sprouts  
Roasted Veggie: Roasted Veggies with Tomato Basil  
Pesto Spread  
Vegan: Hummus, Avocado, Carrots, Beets,  
Cucumber, Tomato & Sprouts



### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or  
Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad  
(GF) - Chicken or Flaked Salmon Caesar's Goddess -  
Greek - Chicken & Roasted Vegetable (GF) -  
Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia  
Seed Pudding

\*\* Mariposa Gluten Free Bread

## SPECIALTY BOXES

### Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Sweet Potato, House Salsa, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red  
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,  
Herbed Lemon Tahini Dressing, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Roasted Sweet Potatoes, Fresh Fruit & Nuts

## District Conference Not to be missed!

The 2022 District Conference has been set and announced on the District web page. It will be October 28<sup>th</sup> to the 30<sup>th</sup> in Monterey (at the Marriott Monterey). The hotel cost is \$225 per night Conference registration:

- Early Bird Registration - \$199 through June 1, 2022
- Regular Registration - \$225 through August 31, 2022
- Late Registration - \$250 September 1

Full-package pricing includes all the great speakers and sessions you've come to expect from a District conference. Not to be missed!

Friday Night Event: \$25 per person, Register by Sept 1. Registration will be available soon. Limited space available, sign up early!

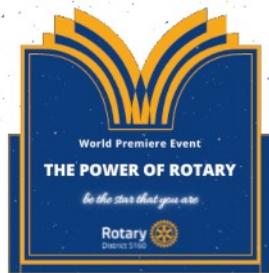
## Coming meetings & events...

April 2: DV8 party at Sugarloaf Open Space  
April 23: Dinner party hosted by PE **Gary Stein**  
April 24-30: World Immunization Week  
June 1: deadline for conference early registration.  
October 27-30: District Conference, Monterey

## Past copies of The Walnut Leaf

I have made the pdf copies of all of The Walnut Leaf for **Peter's** term (Vol 90) available on my [Editor] Dropbox account. Members wishing to view any of them (they are named by the date of the meeting) can simply click on this link or copy it into their browser:

<https://www.dropbox.com/sh/9nr3398euvrz4zo/AACaJd1>



## Club Officers

Immediate Past President  
**Cathy Durfee**

Secretary  
**Marcia Gerg**

Attendance Secretary  
**Trudy Cumming**

Treasurer  
**John McClintic**

Sergeant at Arms  
open

**Bulletin Editor**  
**Clint Collier**

Membership  
**Jerry Benoit**  
**Cathy Durfee**

### 2020-2022 Directors

**Jason Callan**  
**Ron Wetter**  
**Jennifer Stowell**

### 2021-2023 Directors

**Prem Abraham**  
**Darren Kelly**  
**Alain Justilien**

## District Officers

Asst. Governor DV8  
**Dess Benedetto**

DEI Chairman  
**Milt Smith**

Sergeant at Arms  
**Layton Hansen**