

The Walnut Leaf

The Bulletin of the Rotary Club of Walnut Creek
www.rotarywc.org

Rotary



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Walnut Creek

Club 465

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Today's Meeting

Joe Greaves, Executive Director, Alameda-CC Medical Association on Covid-19 changes.

A Little Rotary with your Coffee?

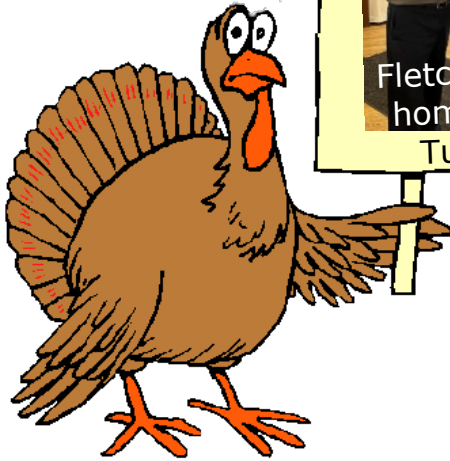
Jason Callan

Several years ago **Carl Manna** started a "Coffee Talk" program where Rotarians from our club were matched up with each other and encouraged to get to know one another on a one-on-one basis. We have no restarted this program. You will be matched up with someone and you have two weeks to find a time to get together - often for a coffee or lunch, before you'll be matched up with the next Rotarian. It is a lot of fun and you get to know many of your fellow Rotarians this way. Please [let me know if you'd like to be a part of this program!](#)



And the magic number this year is

41235



The Turkey Toss is back!

Lance Mendes

Last week Fletcher Taylor make the winning toss. Who will win this week? It will be around for two more meetings, today and again November 15th. It is held before the beginning of each meeting from 12 to 12:25. The game is Cornhole. For \$5 you get 4 bean bag tosses. Whoever makes the most tosses in the hole wins a \$25 gift certificate to Safeway.

Zoomers who would like to play, email or text me, Lance Mendes, before each meeting and we will toss the bean bags for you. You can mail in your check to the club.

All proceeds benefit the Rotary Club of Walnut Creek.

Coming meetings & events...

Nov 15: ?

Nov 22: Dark for Thanksgiving.

Dec 6: Gary Cavelli, League and Bowll co-founder on College Sports as a Business

Dec 20: Dark

Dec 27: Dark

Club Officers

Immediate Past President

Peter Kohn

Secretary

Marcia Gerg

Attendance Secretary

Trudy Cumming

Treasurer

John McClintic

Sergeant at Arms

Trudy Cumming

Bulletin Editor

Clint Collier

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2021-2023 Directors

Prem Abraham

Darren Kelly

Trudy Trinner

2022-2024 Directors

Jason Callan

Jerry Benoit

Lance Mendes

District Officers

Asst. Governor DV8

Dess Benedetto

DEI Chairman

Milt Smith

Sergeant at Arms

Layton Hansen



Ukraine aid In the Bay Area

This Thursday evening, Nov. 10, Join six Ukrainian doctors and hospital administrators who have traveled to our District to share stories, to connect with Rotarians and to learn from our trauma teams.

Let's show our support!

**The presentation is 6 p.m.
1905 Market Street in Concord.**

Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page

If you want to order a lunch, please email your order to **John McClintic** at jmcclintic@bamlaw.com or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the \$23 live meeting charge for diners.

"No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.



Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdeQT09>

Meeting ID: 844 1076 5063 Passcode: Rotary

Local dial-up audio numbers: San Jose 1.669.900.6833 or Houston 1.346.248.7799.

Lunch Choices Catered by Sunrise Bistro

BOX LUNCHES

Sandwich Box

Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie
or Chocolate Banana Bread (Chef's Choice)

Selections:

Turkey - Turkey & Cranberry - Ham - BLTA
Tri Tip & Caramelized Onions - Cashew Chicken
Salad - Tuna Salad - Egg Salad
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,
Beets, Cucumber, Tomato & Sprouts
Roasted Veggie: Roasted Veggies with Tomato Basil
Pesto Spread
Vegan: Hummus, Avocado, Carrots, Beets,
Cucumber, Tomato & Sprouts



Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or
Chocolate Chip Banana Bread (Chef's Choice)

Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad
(GF) - Chicken or Flaked Salmon Caesar's Goddess -
Greek - Chicken & Roasted Vegetable (GF) -
Edamame & Avocado Quinoa (GF)



** (GF) (Vegan) Includes Piece of Fresh Fruit & Chia
Seed Pudding

** Mariposa Gluten Free Bread

SPECIALTY BOXES

Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,
Sweet Potato, House Salsa, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,
Herbed Lemon Tahini Dressing, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,
Roasted Sweet Potatoes, Fresh Fruit & Nuts