

# The Walnut Leaf

*The Bulletin of the Rotary Club of Walnut Creek*

[www.rotarywc.org](http://www.rotarywc.org)

## **Rotary International**

International President

**Shekhar Mehta**

India

International President

Elect

**Jennifer Jones**

Canada

## **District 5160**

District Governor

**Kathy Suvia**

District Governor Elect

**Suzanne Bragdon**

## **Walnut Creek**

**Club 465**

President

**Peter Kohn**

President Elect

**Gary Stein**



## **Today's Meeting is LIVE and ZOOM!**

Ian Bremner, the Executive Director of RES Success  
*Community Integration and Normalization*

For complete instructions for attending either live or  
by Zoom see **Pages 6 & 7**

## **Carolina Alas-Hemphill**

**has applied for membership.**



I have been active in many non-profit volunteering events throughout the years and have enjoyed it tremendously. I look forward to be of service to the Walnut Creek Rotary and use my prior experience to that end. Carolina is a native of El Salvador, Immigrated to the U.S. in 1980 as an exchange student

and is bilingual. She graduated from San Francisco State University, with a BS in Business Administration. Is a Walnut Creek resident, married with 2 children and worked in the Banking industry for 35 years, of which 25+ years were in Commercial Banking. She is planning to retire at the end of this year. "I enjoy traveling and spending time with family. Also, I'm in the process of learning the game of golf."

Community support has been a very important aspect of my working life. Most recently, I sat on the Advisory Council for Assistance League of Diablo Valley

2018-2021). Additionally, I have been supporting several other non-profit entities throughout my career, including: Rosie the Riveter, Food Bank of Contra Costa, Loaves & Fishes and Meals and Wheels to name a few.”

Her husband is Craig and she is sponsored by Cathy Durfee.

## District Governor Visits



District Governor **Kathy Suvia** paid our Club a visit last week and brought everyone up to date on Polio and the district

activities. During her visit she awarded “Back to the Future” pins to **Clint Collier**, **John McClintic** and **Doug Switzer** (not present at the live meeting). Immediate



Past President **Jessie Smyers** was also recognized for our club being number two in the district for RI donations!



## Member Prem Abraham

announced that our club is now officially a sister club with the Rotary club of Madras,



the third oldest Rotary Club in India after clubs in Calcutta and Bombay. The last issue of The Leaf detailed some of the projects of this club.

## October is Membership Month!

Bring a friend to a meeting and take home some great swag! Our District is designated the week of October 18th as Every Rotarian Bring a Guest week with a photo contest and prizes. You know our club. We’re leaders. So we’re doing one better than our district. For anyone who brings a guest to any of our October meetings, you will get some really awesome Rotary swag. Bring someone to each meeting in October!

## Countdown to History



With your help, we can end Polio. Rotary’s 2021 International Polio Day will be an online event. This will include a Global Update on October 24, 2021. It will be hailing this past year’s historic achievement in polio eradication. Polio

eradication is a collective effort belonging to all of us. Challenges of this past year with the Pandemic, issues with areas of the world in conflict and how we are moving into the future with the fight against polio.

Join Rotary with the online celebration of our quest to make polio a thing of the past. Mark your calendar for Saturday, October 24<sup>th</sup>. Log into your Rotary International Facebook Page for info.

### **Fellowship Gathering.**

Club member and President elect **Gary Stein** is hosting a fellowship gathering on Saturday October 23 at 3:00pm at his home at 3723 Rancho Estates Court.

He has promised prominent speakers, live entertainment, a lot of great food and enough alcohol that you will welcome President Peter's speech. The event is \$60 per person and is limited to the first 60 people to RSVP to Gary at [gstein100@aol.com](mailto:gstein100@aol.com). The event is planned as an outside event to reduce the opportunity for SARS-CoV-2 being an unwelcome guest but replying guests should certify that they are vaccinated per current CCC guidelines and requirements.

### **Manos... de Esperanza**

**Bob Romero**

My dear Rotary friends, I am sending this image with the Manta, Ecuador volunteers shirt, the project LN4/Rotary is this coming weekend and they will in-



stall more than 150 prosthesis on the people. I don't travel any longer so last Saturday I trained about 35 people via Zoom. I

would like our club members to know what we are doing internationally.

Adios Muchachos,



## Walnut Creek Community Food Drive October 9, 2021

On Saturday, October 9, the City of Walnut Creek is once again conducting its annual Community Service Day. Various projects will happen throughout the city in addition to the Community Food Drive to benefit the Food Bank.

### Crew Leaders

We have 14 people signed up for the crew leader positions. They are as follows, including the information requested for location or shift. Please check to see that your info is correct.

Name	location	shift	email
Trudy Triner	Countrywood Safeway	2	<a href="mailto:trudy.triner@gmail.com">trudy.triner@gmail.com</a>
Kevin Crandel	Countrywood Safeway	1	<a href="mailto:k.crandell@comcast.net">k.crandell@comcast.net</a>
Jason Callan	Downtown Safeway - Broadway	1	<a href="mailto:jasonc.rotary@gmail.com">jasonc.rotary@gmail.com</a>
Milt Smith	Downtown Safeway - Broadway	2	<a href="mailto:miltsmith549@gmail.com">miltsmith549@gmail.com</a>
Jesse Smyers	Lunardi's	2	<a href="mailto:jesse.smyers@comcast.net">jesse.smyers@comcast.net</a>
Ron Wetter	Lunardi's	1	<a href="mailto:rontrendscan@gmail.com">rontrendscan@gmail.com</a>
John Fenoglio	Whole Foods downtown	2	<a href="mailto:jfenoglio87@gmail.com">jfenoglio87@gmail.com</a>
Tony Pasol	Whole Foods downtown	1	<a href="mailto:stpasol@gmail.com">stpasol@gmail.com</a>
Jerry Benoit	Whole Foods Ygnacio Valley	1	<a href="mailto:gbs94598@gmail.com">gbs94598@gmail.com</a>
Prem Abraham	Whole Foods Ygnacio Valley	2	<a href="mailto:premgabraham@comcast.net">premgabraham@comcast.net</a>
Cathy Durfee	Ygnacio Valley Nob Hill Citrus Center	1	<a href="mailto:cathydurfee@yahoo.com">cathydurfee@yahoo.com</a>
Scott Wilson	Ygnacio Valley Nob Hill Citrus Center	2	<a href="mailto:swilsongobears@gmail.com">swilsongobears@gmail.com</a>
Layton Hansen	Ygnacio Valley Orchards Safeway	2	<a href="mailto:wcpmlah@aol.com">wcpmlah@aol.com</a>
Peter Kohn	Ygnacio Valley Orchards Safeway	1	<a href="mailto:pkohninsurance@gmail.com">pkohninsurance@gmail.com</a>

Shift 1 - 8 to 11 AM      Shift 2 -11 AM to 2 PM

Note: the above list includes all the locations with the exception of the Rossmoor Safeway which is being staffed by the Walnut Creek Sunrise Rotary Club

### Volunteer sign-ups:

The information below is essentially the same as the last update (9-13-21). The important thing is to move forward with team sign-ups. As an individual Rotarian, if you have a preference for a specific time and location, please contact that Crew Leader to discuss your desire to be part of that team.

The event chairs (Diane Crowley and Cindy Silva) promised that we will be able to sign up for helper positions before the general public. However, late last week the city opened up the public sign-ups. I spoke to Diane Crowley. She told me not to worry about it. We will get the helper positions that we want, but we still need to do our sign-ups as soon as possible.

Please organize your teams as soon as possible and use the following link for signup:

### Walnut Creek Community Service Day

This is a bit confusing as it is possible for you to go to signup your team or even yourself as an individual and not be able to do so because all the slots seem to be filled. If that happens, please send me the information on your team and I will submit directly to Diane Crowley. She says that there are more volunteers needed than show on the above link. There appear to be various reasons for that including needing to split the volunteers between two entrances and just being quite busy. It is not clear why it is setup this way.

### Contact for information and sign up

We will attempt to keep you up to date on any changes as they happen. For further information, contact **Bruce Johnson** [brucej620@outlook.com](mailto:brucej620@outlook.com) or 925-457-8727.

I will be out of town from September 16 through September 28. I will check email regularly, but, if necessary, **Jesse Smyers** will be available as backup. Thanks, **Jesse!**

Let's see all those "Rotarian at Work" shirts!!





## Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farms Garden Center. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page

If you want to order a lunch, please email your order to **John McClintic** at [jmclintic@bamlaw.com](mailto:jmclintic@bamlaw.com) or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

**Orders must be received no later than noon, Friday September 17th.**

Your meal is included in the \$23 live meeting charge for diners.

"No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

## Zoom Meetings

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us02web.zoom.us/j/3315080026>

Meeting ID: 331 508 0026

Local dial-up audio numbers:

San Jose 1.669.900.9128 or

Houston 1.346.248.7799.



## Join the Fun...Happy Hour

Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another week. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Want to join us? All you have to do is show up. Next meeting of the group is Thursday, October 14<sup>th</sup>.

# Lunch Choices Catered by Sunrise Bistro

## BOX LUNCHES

### Sandwich Box

Made with our Herbed or Whole Wheat Breads  
Includes Potato or Pasta Salad, Lemon Bar, Brownie  
or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA  
Tri Tip & Caramelized Onions - Cashew Chicken  
Salad - Tuna Salad - Egg Salad  
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,  
Beets, Cucumber, Tomato & Sprouts  
Roasted Veggie: Roasted Veggies with Tomato Basil  
Pesto Spread  
Vegan: Hummus, Avocado, Carrots, Beets,  
Cucumber, Tomato & Sprouts



### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or  
Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad  
(GF) - Chicken or Flaked Salmon Caesar's Goddess -  
Greek - Chicken & Roasted Vegetable (GF) -  
Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia  
Seed Pudding

\*\* Mariposa Gluten Free Bread

## SPECIALTY BOXES

### Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Sweet Potato, House Salsa, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red  
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,  
Herbed Lemon Tahini Dressing, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Roasted Sweet Potatoes, Fresh Fruit & Nuts

## Register NOW for District Conference District 5160 Goes Back to the Future Oct 29-31, 2021



How does a family-friendly weekend getaway to a beautiful resort sound after our pandemic isolation? Well, you're invited!! For the first time in over two years, District 5160 Rotarians will

gather IN-PERSON for Rotary fun and inspiration at our District Conference.

As the incoming District Governor on July 1, I've heard from so many of you requesting we return to a fall conference. And we've been missing each other so much! What better time to hold the 2021-2022 District Conference than in beautiful October -- and in the stunning Olympic Valley in the North Tahoe region to boot? Please join me Halloween weekend at The Resort at Squaw Creek for the 2021-2022 District 5160 annual conference! I promise to get you home in plenty of time for your Halloween evening activities. Full information and registration... [Click Here!](#)

**For Rotarians and guests at our conference, we are requiring proof of vaccination or a negative Covid test within 48 hours. Masks are required when indoors, except while actively eating or drinking.**

Kathy Suvia  
District Governor 2021-22

### Coming meetings & events...

- October 9: WC Community Service Food Drive
- October 14: Happy hour at Bay Club, 5:00pm
- October 23: Fellowship Gathering
- October 24: World Polio Day
- October 29-31 District Conference

### Club Officers

Immediate Past President  
**Cathy Durfee**

Secretary  
**Marcia Gerg**

Attendance Secretary  
**Trudy Cumming**

Treasurer  
**John McClintic**

Sergeant at Arms  
**Jonathan Bishop**

Bulletin Editor  
**Clint Collier**

Membership  
**Jerry Benoit**  
**Cathy Durfee**

2020-2022 Directors  
**Kevin Crandell**  
**Anthony Ivanich**  
**Jennifer Stowell**

2021-2023 Directors  
**Prem Abraham**  
**Darren Kelly**  
**Alain Justilien**

### District Officers

Asst. Governor DV8  
**Dess Benedetto**

DEI Chairman  
**Milt Smith**

Sergeant at Arms  
**Layton Hansen**