

# The Walnut Leaf

*The Bulletin of the Rotary Club of Walnut Creek*  
[www.rotarywc.org](http://www.rotarywc.org)



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23rd February is



Tuesday February 20, 2024 Volume 92 Number 30

Apologies but an un anticipated emergency took me away from my computer and ability to publish this week's newsletter on time. It is published here, four days late, to provide any time sensitive information it may include.

...Editor

## Today's Meeting

Gordon Reese, President Gordon Reese Design Build

## New Member Application

Kent Elizabeth Davis-Packard has applied for membership in Rotary and our club. She is the Founder and President of Women Forward International. As such she is involved in international service projects designed to uplift women and bring about unity, collaboration and service. She loves to bake!



She is currently working with ten Rotary Clubs in Veracruz, Mexico developing a food rescue program for women and girls. It is based upon the model of Walnut Creek's White Pony Express! She is interest in seeing if this program could be spread to other areas of Mexico and Latin America. She is relatively new to our area coming from Washington, DC

The board has approved her application and members with comments should direct them to the club secretary, [Marcia Gerg](#).

# *A Celebration of Life*



JOHN "JACK" FISCHER

March 7<sup>th</sup>

Zio Fraedos

611 Gregory Lane, Pleasant Hill

starting at 11:00am

All are welcome

## **The stars align for Rotary!**

Rotary is celebrating two momentous occasions this Month on the same day! In three more days, on February 23<sup>rd</sup> we will be marking the founding of our organization in 1905. Then, just 36 years later is the birth date of the 36<sup>th</sup>\* International Commodore of the International Yachting Fellowship of Rotarians, Rotary's oldest continuous fellowship.

\* 36 years later, 36<sup>th</sup> commodore...momentous coincident!!

## **Coming Meetings & Events...**

February 27: Sherry Nadwony &  
Caitlin Sly

Meals on Wheels

March 5: Lori Armstrong, Writer

March 12 Ben Lavender CCC San  
Pollution Prevention

March 19: Sheena Kawaakami

Special Olympics of Northern CA.

March 23: Spring Assembly:  
South Fairfield

March 26: Marliyn Cachola  
State PTA LegislationV

April 6: Spring Assembly:  
North Redding

April 9: Amy Alanes, Ex Director  
Women's Cancer Resource Center

April 16: Janet Hoy, VP  
League of Women Voters, DV

April 23: Hon. Catharine Baker  
CA State Assembly Member

April 26-28: District Conference

Apr 30: James Guzzetta  
Deep Listening

June 4 Glenn Breslin  
SIR Cllub

January 24-26 2025:

World Peace Conference  
Rohnert Park (Wine Country)

## District Conference.

Our 2024 District 5160 Conference, Field of Dreams, is scheduled from April 26-28, 2024!

REGISTER NOW for the TEAM 5160 World Series District Conference-MVP Status.



The Conference Hotel, Holiday Inn Sacramento Downtown-Arena is located just steps away from the historic Old Sacramento Waterfront District.

The Conference Hotel, Holiday Inn, is in the middle of EVERYTHING, with discounted room rates of \$184/night.

Register and book NOW so you don't miss out on early bird rates. Use this link to book rooms:

[Rotary5160Booking Link](#)

You can find more information about our Field of Rotary Dreams District Conference, as well as the surrounding Sacramento area right here on the Conference website. If you need assistance, our registration team can be reached at

[Registrar@Rotary5160.org](mailto:Registrar@Rotary5160.org).

Full package pricing includes:

Friday Night Social; Saturday breakfast, lunch, dinner and Sunday breakfast buffet. Dynamic speakers that will motivate and inspire you! Also included; access to all general sessions on Saturday/Sunday; House of Friendship; participate in community service projects and LOTS of fellowship!

Registration: \$325 thru April 19, 2024

## Join the Fun...Happy Hour

Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Want to join us? All you have to do is show up. Contact [Darren Kelly](#) for details and to see if this is a meeting week.

## Other Club Positions

Immediate  
Past President  
**Gary Stein**

Secretary  
**Marcia Gerg**

Rotary International  
Secretary  
**Layton Hansen**

Attendance Secretary  
Polio Plus Warrior  
**Trudy Cumming**

Treasurer  
**John McClintic**

Sergeant at Arms  
**Trudy Cumming**

Bulletin Editor  
**Clint Collier**

Membership  
**Jerry Benoit**  
**Shalini Lugani**

Community Outreach  
**Trudy Triner**

Club Hospitality  
**Darren Kelly**

Audio Visual  
**Tony Pasol**

Fellowship  
**Jason Callan**

Speaker Committee  
**Carolina Alas-Hemphill**  
**Matt Guichard**  
**Prem Abraham**  
**Peter Kohn**

2021-2023 Directors  
**Prem Abraham**  
**Darren Kelly**  
**Trudy Trinner**

2022-2024 Directors  
**Jason Callan**  
**Jerry Benoit**  
**Lance Mendes**

District Officers  
DV8 Asst Governor  
**Cathy Durfee**

## February's Team!

Tom Rockwell (Leader)  
Trudy Cumming  
Layton Hansen  
John McClintic  
John Gardner  
Drew Marshall  
Gary Stein  
Betsy Yuan  
Adrian Mendes  
Andy Halperin

## Live Meetings

Members have the choice of joining our meetings on zoom or attending the live meeting at the Assistance League of Diablo Valley, 2711 Buena Vista, Avenue, Walnut Creek If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page If you want to order a lunch, please email your order to:

**John McClintic**

at [jmclintic@bamlaw.com](mailto:jmclintic@bamlaw.com) or  
leave voicemail at 925.256.8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.  
**Orders must be received no later than noon, Friday preceding the meeting.**

Your meal is included in the \$23 live meeting charge for diners. "No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

Want to join us by Zoom? The Zoom session starts at 12:00pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdeQT09>

Meeting ID: 939 5921 4209 Passcode: WCRotary



# Weekly Lunch Choices Catered by Sunrise Bistro

## BOX LUNCHES

### Sandwich Box

Made with our Herbed or Whole Wheat Breads  
Includes Potato or Pasta Salad, Lemon Bar, Brownie  
or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA

Tri Tip & Caramelized Onions - Cashew Chicken

Salad - Tuna Salad - Egg Salad

Vegetarian: Herbed Cream Cheese, Avocado, Carrots,  
Beets, Cucumber, Tomato & Sprouts

Roasted Veggie: Roasted Veggies with Tomato Basil  
Pesto Spread

Vegan: Hummus, Avocado, Carrots, Beets,  
Cucumber, Tomato & Sprouts



### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or  
Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad  
(GF) - Chicken or Flaked Salmon Caesar's Goddess -  
Greek - Chicken & Roasted Vegetable (GF) -  
Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia  
Seed Pudding

\*\* Mariposa Gluten Free Bread

## SPECIALTY BOXES

### Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Sweet Potato, House Salsa, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red  
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,  
Herbed Lemon Tahini Dressing, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Roasted Sweet Potatoes, Fresh Fruit & Nuts