

The Walnut Leaf

The Bulletin of the Rotary Club of Walnut Creek
www.rotarywc.org



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Walnut Creek Club 465
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Today's Meeting

Lori Armstrong, Writer-Mental Health

New Member

Kent Elizabeth Davis-Packard will become our newest



member when she is inducted this month. She is the Founder and President of Women Forward International. As such she is involved in international service projects designed to uplift women and bring about unity, collaboration and service. She loves to bake!

She is currently working with ten Rotary Clubs in Veracruz, Mexico developing a food rescue program for women and girls. It is based upon the model of Walnut Creek's White Pony Express!

See's CANDIES

Don't forget your Honey Bunny!
You've been warned so do so at your own peril. This year you can, as they say, kill two birds with one stone. Delight your favorite person and support our Rotary Club. How you say?



A Celebration of Life



JOHN "JACK" FISCHER
March 7th

Zio Fraedos

611 Gregory Lane, Pleasant Hill
starting at 11:00am
All are welcome

Easy-Peasy... simply [use this link \(click on it\)](#) to purchase your bunny supplies and Rotary will receive a portion of the profits.

**Hi Ho, Hi Ho...
it's off to PETS I go!**



High Seas Adventure

The club is sponsoring a special fund raiser on the *USS Potomac*, the historical presidential yacht of president Roosevelt.

The event is May 5th, the cost of a ticket is \$195 benefiting both the Walnut Creek Rotary Community Club Foundation and the Wheel Chair Foundation. You can register by scanning the QR Code on the following page or by clicking here. There is a surcharge for this or you can bring a check to any meeting. Participation is limited to 100.

District Conference.

Our 2024 District 5160 Conference, Field of Dreams, is scheduled from April 26-28, 2024!

REGISTER NOW for the TEAM 5160 World Series District Conference-MVP Status.



[CLICK HERE](#)  TO REGISTER

The Conference Hotel, Holiday Inn Sacramento Downtown-Arena is located just steps away from the historic Old Sacramento Waterfront District.

The Conference Hotel, Holiday Inn, is in the middle of EVERYTHING, with dis-



Walnut Creek Rotary Club
Community Foundation



Ahoy all Landlubbers!

Join us for a High Seas Gala

May 5, 2024

Departure Time 12:00 High - 3pm

(allow extra time for parking)

3 hour cruise of San Francisco Bay

Gourmet Hors d'oeuvres

No Host Wine & Beer Bar

\$195/person*

Checks Payable to:

WCRCFF

(Walnut Creek Rotary Community Club Foundation)

3.0% surcharge for Credit Card Purchases

Donations Accepted

Limited to First 100 Paid Passengers

Casual Attire

Soft Sole and low heeled shoes a must

Dress in Layers

Contact:

Marcia Gerg

E | mgerg@summitbanking.com

C | 925-708-4625

Special thanks to our Event Sponsors: Summit Bank, Paradox Traders, LLC, John & Elaine McClintic, RGP, LLC and Layton Hanson

- *Ticket Price includes a \$50 donation to the Wheel Chair Foundation*

Tuesday March 5, 2024 Volume 92 Number 32

counted room rates of \$184/night.

Register and book NOW so you don't miss out on early bird rates. Use this link to book rooms: [Rotary5160Booking Link](#)

You can find more information about our Field of Rotary Dreams District Conference, as well as the surrounding Sacramento area right here on the Conference website. If you need assistance, our registration team can be reached at Registrar@Rotary5160.org.

Full package pricing includes:

Friday Night Social; Saturday breakfast, lunch, dinner and Sunday breakfast buffet. Dynamic speakers that will motivate and inspire you! Also included; access to all general sessions on Saturday/Sunday; House of Friendship; participate in community service projects and LOTS of fellowship!

Registration: \$325 thru April 19, 2024

Join the Fun...Happy Hour

Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Want to join us? All you have to do is show up. Contact [Darren Kelly](#) for details and to see if this is a meeting week.

Coming Meetings & Events...

March 12 Ben Lavender CCC San
Pollution Prevention

March 19: Sheena Kawaakami
Special Olympics of Northern CA.

March 23: Spring Assembly:
South Fairfield

March 26: Marliyn Cachola
State PTA LegislationV

April 6: Spring Assembly:
North Redding

April 9: Amy Alanes, Ex Director
Women's Cancer Resource Center

April 16: Janet Hoy, VP
League of Women Voters, D.V.

April 23: Hon. Catharine Baker
CA State Assembly Member

April 26-28: District Conference

Apr 30: James Guzzetta
Deep Listening

June 4 Glenn Breslin
SIR Club

January 24-26 2025:
World Peace Conference
Rohnert Park (Wine Country)

Check out...

The functions neighboring Rotary Clubs and non-profits we sponsor are sponsoring on the last page of our newsletter!

Other Club Positions

Immediate
Past President
Gary Stein

Secretary
Marcia Gerg

Rotary International
Secretary
Layton Hansen

Attendance Secretary
Polio Plus Warrior
Trudy Cumming

Treasurer
John McClintic

Sergeant at Arms
Trudy Cumming

Bulletin Editor
Clint Collier

Membership
Jerry Benoit
Shalini Lugani

Community Outreach
Trudy Triner

Club Hospitality
Darren Kelly

Audio Visual
Tony Pasol

Fellowship
Jason Callan

Speaker Committee
Carolina Alas-Hemphill
Matt Guichard
Prem Abraham
Peter Kohn

2021-2023 Directors
Prem Abraham
Darren Kelly
Trudy Trinner

2022-2024 Directors
Jason Callan
Jerry Benoit
Lance Mendes

District Officers
DV8 Asst Governor
Cathy Durfee

March's Team!
Michele McKay (Leader)
Don Willoughby
Rose Camarena
Jessie Smyers
Russ Anderson
Rich Fleming
Bryan Yeh
Oscar Wu
Christy Devoe

Live Meetings

Members have the choice of joining our meetings on zoom or attending the live meeting at the Assistance League of Diablo Valley, 2711 Buena Vista, Avenue, Walnut Creek If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page If you want to order a lunch, please email your order to:

John McClintic

at jmclintic@bamlaw.com or
leave voicemail at 925.256.8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.
Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the \$23 live meeting charge for diners. "No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

Want to join us by Zoom? The Zoom session starts at 12:00pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaiU0YXdeQT09>

Meeting ID: 939 5921 4209 Passcode: WCRotary



Weekly Lunch Choices Catered by Sunrise Bistro

BOX LUNCHES

Sandwich Box

Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie
or Chocolate Banana Bread (Chef's Choice)

Selections:

Turkey - Turkey & Cranberry - Ham - BLTA

Tri Tip & Caramelized Onions - Cashew Chicken

Salad - Tuna Salad - Egg Salad

Vegetarian: Herbed Cream Cheese, Avocado, Carrots,
Beets, Cucumber, Tomato & Sprouts

Roasted Veggie: Roasted Veggies with Tomato Basil
Pesto Spread

Vegan: Hummus, Avocado, Carrots, Beets,
Cucumber, Tomato & Sprouts



Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or
Chocolate Chip Banana Bread (Chef's Choice)

Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad
(GF) - Chicken or Flaked Salmon Caesar's Goddess -
Greek - Chicken & Roasted Vegetable (GF) -
Edamame & Avocado Quinoa (GF)



** (GF) (Vegan) Includes Piece of Fresh Fruit & Chia
Seed Pudding

** Mariposa Gluten Free Bread

SPECIALTY BOXES

Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,
Sweet Potato, House Salsa, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,
Herbed Lemon Tahini Dressing, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,
Roasted Sweet Potatoes, Fresh Fruit & Nuts



Save the Date

Saturday, June 8th 2024 - Blackhawk Museum



Tickets are \$175

Table of 10 is \$1500

[Click Here](#) to purchase tickets