

The Walnut Leaf

The Bulletin of the Rotary Club of Walnut Creek

www.rotarywc.org

Rotary



International

President

Gordon R. McNally

Scotland

President Elect

Stephanie A Urchick

United States

President Nominee

Mário César

Martins de Camargo

Brazil

District 5160

Governor

Claire Roberts

Governor Elect

Dan Geraldi

Governor Nominee

Joy Alaidarous

Walnut Creek

Club 465

President

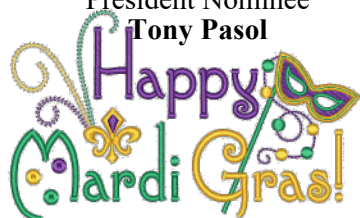
Gordon Fischer

President Elect

Marcia Gerg

President Nominee

Tony Pasol



Today's Meeting.



New Member Application

Kent Elizabeth Davis-Packard has applied for membership in Rotary and our club. She is the Founder and

Tuesday February 13, 2024 Volume 92 Number 29

*A
Celebration
of Life*



JOHN "JACK" FISCHER

March 7th

Zio Fraedos

611 Gregory Lane, Pleasant Hill

starting at 11:00am

All are welcome

President of
Women Forward
International.

As such she is
involved in inter-
national service
projects de-
signed to uplift
women and
bring about uni-
ty, collaboration

and service. She loves to bake!

She is currently working with ten Rotary
Clubs in Veracruz, Mexico developing a
food rescue program for women and girls.
It is based upon the model of Walnut
Creek's White Pony Express! She is inter-



est in seeing if this program could be spread to other areas of Mexico and Latin America. She is relatively new to our area coming from Washington, DC The board has approved her application and members with comments should direct them to the club secretary, [Marcia Gerg](#).

Welcome Jon!



Jon Brown, Head of Market Intelligence for Zuora was inducted last week as our newest member. He is a resident of Walnut Creek and is married to **Stephanie Albon** and they have three children. His goal is to become more active in the Walnut Creek community where they have lived the past 3 years. His father left him a legacy of community involvement; he wants to continue that for his children.

PDG Susan Bragdon



dropped by at the last meeting to commend past President **Gary Stein** and our club for our support of the Paul Harris Founda-

tion. Our club is number 3 in the district in supporting the foundation through our giving, with an average of over \$600 per member! This support is in the top 1500 supporting clubs world wide and she presented **Gary** and the club with Rotary International's certificate of recognition for this.

Coming Meetings & Events...

- February 20: Gordon Reese, President
Gordon Reese Design Build
- February 27: Sherry Nadwony & Caitlin Sly
Meals on Wheels
- March 5: Lori Armstrong, Writer
- March 12 Ben Lavender CCC San Pollution Prevention
- March 19: Sheena Kawaakami
Special Olympics of Northern CA.
- March 23: Spring Assembly:
South Fairfield
- March 26: Marliyn Cachola
State PTA LegislationV
- April 6: Spring Assembly:
North Redding
- April 9: Amy Alanes, Ex Director
Women's Cancer Resource Center
- April 16: Janet Hoy, VP
League of Women Voters, DV
- April 26-28: District Conference
- January 24-26 2025:
World Peace Conference
Rohnert Park (Wine Country)

District Conference.

Our 2024 District 5160 Conference, Field of Dreams, is scheduled from April 26-28, 2024!
REGISTER NOW for the TEAM 5160

World Series District Conference-MVP Status.

The Conference Hotel, Holiday Inn Sacramento Downtown-Arena is located just steps away from the historic Old Sacramento Waterfront District.



The Conference Hotel, Holiday Inn, is in the middle of EVERYTHING, with discounted room rates of \$184/night.

Register and book NOW so you don't miss out on early bird rates. Use this link to book rooms: [Rotary5160Booking Link](#)

You can find more information about our Field of Rotary Dreams District Conference, as well as the surrounding Sacramento area right here on the Conference website. If you need assistance, our registration team can be reached at Registrar@Rotary5160.org.

Full package pricing includes: Friday Night Social; Saturday breakfast, lunch, dinner and Sunday breakfast buffet. Dynamic speakers that will motivate and inspire you! Also included; access to all general sessions on Saturday/Sunday;

House of Friendship; participate in community service projects and LOTS of fellowship!

Registration: \$325 thru April 19, 2024

Join the Fun...Happy Hour

Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Want to join us? All you have to do is show up. Contact [Darren Kelly](#) for details and to see if this is a meeting week.

Yea Gads...



I published the wrong location for our meeting in last week's *The Walnut Leaf*. Sorry about that! All fixed now!

Editor



The 4-Way Test

of things we do and say:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Other Club Positions

Immediate
Past President
Gary Stein

Secretary
Marcia Gerg

Rotary International
Secretary
Layton Hansen

Attendance Secretary
Polio Plus Warrior
Trudy Cumming

Treasurer
John McClintic

Sergeant at Arms
Trudy Cumming

Bulletin Editor
Clint Collier

Membership
Jerry Benoit
Shalini Lugani

Community Outreach
Trudy Triner

Club Hospitality
Darren Kelly

Audio Visual
Tony Pasol

Fellowship
Jason Callan

Speaker Committee
Carolina Alas-Hemphill
Matt Guichard
Prem Abraham
Peter Kohn

2021-2023 Directors
Prem Abraham
Darren Kelly
Trudy Trinner

2022-2024 Directors
Jason Callan
Jerry Benoit
Lance Mendes

District Officers
DV8 Asst Governor
Cathy Durfee

February's Team!

Tom Rockwell (Leader)
Trudy Cumming
Layton Hansen
John McClintic
John Gardner
Drew Marshall
Gary Stein
Betsy Yuan
Adrian Mendes
Andy Halperin

Live Meetings

Members have the choice of joining our meetings on zoom or attending the live meeting at the Assistance League of Diablo Valley, 2711 Buena Vista, Avenue, Walnut Creek If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page If you want to order a lunch, please email your order to:

John McClintic

at jmclintic@bamlaw.com or
leave voicemail at 925.256.8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.
Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the \$23 live meeting charge for diners. "No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

Want to join us by Zoom? The Zoom session starts at 12:00pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdeQT09>

Meeting ID: 939 5921 4209 Passcode: WCRotary



Weekly Lunch Choices Catered by Sunrise Bistro

BOX LUNCHES

Sandwich Box

Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie
or Chocolate Banana Bread (Chef's Choice)

Selections:

Turkey - Turkey & Cranberry - Ham - BLTA

Tri Tip & Caramelized Onions - Cashew Chicken

Salad - Tuna Salad - Egg Salad

Vegetarian: Herbed Cream Cheese, Avocado, Carrots,
Beets, Cucumber, Tomato & Sprouts

Roasted Veggie: Roasted Veggies with Tomato Basil
Pesto Spread

Vegan: Hummus, Avocado, Carrots, Beets,
Cucumber, Tomato & Sprouts



Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or
Chocolate Chip Banana Bread (Chef's Choice)

Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad

(GF) - Chicken or Flaked Salmon Caesar's Goddess -

Greek - Chicken & Roasted Vegetable (GF) -

Edamame & Avocado Quinoa (GF)



** (GF) (Vegan) Includes Piece of Fresh Fruit & Chia
Seed Pudding

** Mariposa Gluten Free Bread

SPECIALTY BOXES

Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,
Sweet Potato, House Salsa, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,
Herbed Lemon Tahini Dressing, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,
Roasted Sweet Potatoes, Fresh Fruit & Nuts