

The Walnut Leaf

The Bulletin of the Rotary Club of Walnut Creek

www.rotarywc.org

Rotary



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Today's Meeting



Sara Harris, Principal Las Lomas High
on the impact of Covid-19

A Little Rotary with your Coffee?

Jason Callan

Several years ago **Carl Manna** started a "Coffee Talk" program where Rotarians from our club were matched up with each other and encouraged to get to know one another on a one-on-one basis. We have now restarted this program. You will be matched up with someone and you have two weeks to find a time to get together - often for a coffee or lunch, before you'll be matched up with the next Rotarian. It is a lot of fun and you get to know many of your fellow Rotarians this way. Please [let me know if you'd like to be a part of this program!](#) .



Dia de los Muertos,

Today is the start of the predominantly Mexican holiday, day of the dead. See the article on this on page 3. In celebration everyone gets a calaveras, the traditional skull decorated cookie. Enjoy! If you like it, drop a buck or two in the Polio Plus donation bucket.

At the Conference...

Check out the pictures of Walnut Creek Rotarians at the District Conference this past weekend... next page!

Newest Major Donor.

At last week's meeting President **Gary Stein** and his wife **Jana** were recognized as our club's newest Major Donors, those who have contributed ten thousand dollars or more to their Paul Harris fund. A truly remarkable achievement. Congratulations, Gary and **Jana** and thank you for your support of Rotary!



Scenes from the District Conference





November First and Second.

Día de Muertos or Día de los Muertos, the Day of the Dead, is a holiday traditionally celebrated on November first and second, though other days, such as October 31 or November 6, may be included depending on the locality. It largely originated in Mexico, where it is mostly observed, but also in other places, especially by people of Mexican heritage. Though associated with the Western Christian Allhallowtide observances of All Hallows' Eve, All Saints' Day and All Souls' Day, it has a much less solemn tone and is portrayed as a holiday of joyful celebration rather than mourning. The multi-day holiday involves family and friends gathering to pay respects and to remember friends and family members who have died. These celebrations can take a humorous tone, as celebrants re-

member funny events and anecdotes about the departed.

Traditions connected with the holiday include honoring the deceased using calaveras (pictured above) and aztec marigold flowers known as cempazúchitl, building home altars called ofrendas with the favorite foods and beverages of the departed, and visiting graves with these items as gifts for the deceased. The celebration is not solely focused on the dead, as it is also common to give gifts to friends such as candy sugar skulls, to share traditional pan de muerto with family and friends, and to write light-hearted and often irreverent verses in the form of mock epitaphs dedicated to living friends and acquaintances, a literary form known as calaveras literarias

Coming meetings & events...

Nov 8: Joe Greaves, Executive Director, Alameda-CC Medical Association
on Covid-19 changes.

Nov 22: Dark for Thanksgiving.

Dec 6: Gary Cavelli, League and BowlI co-founder on College Sports as a Business

Dec 20: Dark

Dec 27: Dark

Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page

If you want to order a lunch, please email your order to **John McClintic** at jmcclintic@bamlaw.com
or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the \$23 live meeting charge for diners.

"No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.



Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdEQT09>

Meeting ID: 844 1076 5063 Passcode: Rotary

Local dial-up audio numbers: San Jose 1.669.900.6833 or Houston 1.346.248.7799.

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Lunch Choices Catered by Sunrise Bistro

BOX LUNCHES

Sandwich Box

Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie
or Chocolate Banana Bread (Chef's Choice)

Selections:

Turkey - Turkey & Cranberry - Ham - BLTA
Tri Tip & Caramelized Onions - Cashew Chicken
Salad - Tuna Salad - Egg Salad
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,
Beets, Cucumber, Tomato & Sprouts
Roasted Veggie: Roasted Veggies with Tomato Basil
Pesto Spread
Vegan: Hummus, Avocado, Carrots, Beets,
Cucumber, Tomato & Sprouts



Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or
Chocolate Chip Banana Bread (Chef's Choice)

Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad
(GF) - Chicken or Flaked Salmon Caesar's Goddess -
Greek - Chicken & Roasted Vegetable (GF) -
Edamame & Avocado Quinoa (GF)



** (GF) (Vegan) Includes Piece of Fresh Fruit & Chia
Seed Pudding

** Mariposa Gluten Free Bread

SPECIALTY BOXES

Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,
Sweet Potato, House Salsa, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,
Herbed Lemon Tahini Dressing, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,
Roasted Sweet Potatoes, Fresh Fruit & Nuts

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Peter Kohn

Secretary

Marcia Gerg

Attendance Secretary

Trudy Cumming

Treasurer

John McClintic

Sergeant at Arms

Trudy Cumming

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Prem Abraham

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Trudy Trinner

2022-2024 Directors

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Jerry Benoit

Lance Mendes

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