# The Walnut Leaf

The Bulletin of the Rotary Club of Walnut Creek www.rotarywc.org



#### Today's Meeting

Lisa Mistry Ghatala Ayurvedic Practitioner

#### **International**

International President **Jennifer Jones** 

<u>Canada</u> International President Elect

Gordon R. McInally

Scotland
International President
Nominee

Stephanie A Urchick United States

#### District 5160

District Governor
Suzanne Bragdon
District Governor Elect
Claire Roberts
District Governor Nominee
Dan Geraldi

#### Walnut Creek Club 465

President
Gary Stein
President Elect
Gordon Fischer



#### Betsy Yuan: our newest member.



At last week's meeting Betsy was accepted into the club by President Gary, shown here with Betsy's Sponsor April Sun, receiving her badge, a Rotary membership certificate and, of course her pin.

Betsy is a Pharmacist

with Alameda County and a brand partner at PaperPie, a children's book and toy company. She and her husband reside in Concord and is the mother of an 4 year old girl who is excited about starting kindergarden this fall. She reports that she is very involved in book drives and book fairs to help spread



interest and love for reading and is an enthusiastic volunteer and a brand partner with her company while working on launching a children's creative play toy company, Wonderdust.

#### **Bocce Ball Challenge.**

#### **PE Gordon Fischer**

Interested in a fun day playing Bocce Ball? This years challenge will be held on May 13th in Martinez. This is a fun event for everyone whether you know how to play Bocce Ball or not. You can learn the rules in a few minutes for those not familiar with the game. We can have up to 4 teams with a minimum of 4 players per team. There is no cost to participants. Food and drink are included. Our club has won this event twice in the past and its time to bring the trophy back to Walnut Creek!

Check your calendars and let me know via email who is interested in playing and I'll start creating the teams. Our due date to respond to reserve space is April 15th so don't wait to respond!

#### Looking for pictures...

#### Pres. Gary Stein

We need some photographs that you may have of Rotarians doing service in the community preferably wearing Rotarian at Work shirts. If you have them in digital format, please forward them back to me for possible inclusion in our new website.

If these pictures don't include the Rotarian at work shirts that is also fine. We are using these images as enticements to potential new members in viewing what we do in our community as a club when they go on our new website.

#### Join the Fun...Happy Hour

Every other Thursday at 5:00 PM mem-

bers of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Contact **Darin Kelly** for details and to see if this is a meeting week.

#### Coming meetings & events...

April 15: Spring Assembly

April 15: Last day to sign up for Bocce

April 18: Robert Tufel

**Cancer Support Community** 

April 25: Gloria Duffy

Commonwealth Club of California The Danger of Nuclear Weapons,

Past and Present

May 2: Jim Carriere

ShelterBox USA Ambassador

May 9: Dr. Krushangi Patel

Modern Cancer Care

May 13: District Bocce tourney

May 23: Ernesto Avila, President

**CCC** Water District

May 27-31 RI Convention,

Melbourne, Australia

July 4: Holiday: Dark!

July 8: Rotary Academy Awards.

2023-24 Installation Gala



### Other Club Officers

Immediate Past President
Peter Kohn

Secretary **Marcia Gerg** 

Attendance Secretary **Trudy Cumming** 

Treasurer

John McClintic

Sergeant at Arms **Trudy Cumming** 

Bulletin Editor
Clint Collier

Membership Cathy Durfee

<u>2021-2023 Directors</u>

Prem Abraham
Darren Kelly
Trudy Trinner
2022-2024 Directors

Jason Callan Jerry Benoit Lance Mendes

#### **District Officers**

Asst. Governor DV8 **Dess Benedetto** 

DEI Chairman
Milt Smith

Sergeant at Arms Layton Hansen

#### **Live Meetings**

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page If you want to order a lunch, please email your order to **John McClintic** at jmcclintic@bamlaw.com or leave voicemail at 925.256.8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the \$23 live meeting charge for diners. "No-shows" will be charged the full \$23. The meeting charge for non-diners attending live is \$10.



Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3 NhcStWaitqUTU0YXdEQT09

Meeting ID: 844 1076 5063 Passcode: Rotary Local dial-up audio numbers:San Jose 1.669.900.6833 or Houston 1.346.248.7799.

## Check out...

The functions neighboring Rotary Clubs are sponsoring on the last page of our newsletter!

#### Next week - Lunch Choices Catered by Sunrise Bistro

#### **BOX LUNCHES**

#### Sandwich Box

Made with our Herbed or Whole Wheat Breads Includes Potato or Pasta Salad, Lemon Bar, Brownie or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA
Tri Tip & Caramelized Onions - Cashew Chicken
Salad - Tuna Salad - Egg Salad
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,
Beets, Cucumber, Tomato & Sprouts
Roasted Veggie: Roasted Veggies with Tomato Basil
Pesto Spread
Vegan: Hummus, Avocado, Carrots, Beets,
Cucumber, Tomato & Sprouts



#### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad (GF) - Chicken or Flaked Salmon Caesar's Goddess -Greek - Chicken & Roasted Vegetable (GF) -Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia Seed Pudding \*\* Mariposa Gluten Free Bread

#### SPECIALTY BOXES

#### Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables, Sweet Potato, House Salsa, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

#### Tahini Lentil Bowl

Roasted Caulflower & Broccolini, Charred Red Onions, Lentils, Baby Chard & Kale, Toasted Seeds, Herbed Lemon Tahini Dressing, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

#### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables, Roasted Sweet Potatoes, Fresh Fruit & Nuts



## Other Club Functions

