The Walnut Leaf

The Bulletin of the Rotary Club of Walnut Creek www.rotarywc.org

Rotary 🦗

International

International President Jennifer Jones Canada International President Elect Gordon R. McInally Scotland

District 5160

District Governor Suzanne Bragdon District Governor Elect Claire Roberts

Walnut Creek Club 465

President Gary Stein President Elect Gordon Fischer



Today's Meeting Ian Bremner RES Success

April Sun has applied for membership

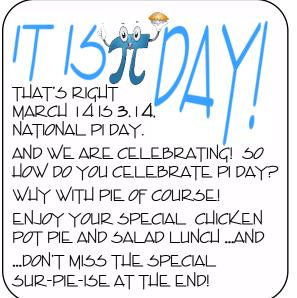


April is the owner of Sun Bodyworks and is a personal trainer and massage therapist. She resides in Concord and says that she has volunteered with Habitat for Humanity and has recently helped organize a book drive to benefit a domestic abuse and homeless shelter. She loves reading, traveling, different cultures and meeting new people.

Open Space project. Don Willoughby

The staining workday has been re-scheduled for Saturday March 18th, weather permitting. We'll have morning and afternoon shifts that day, and we'll need at least 6-7 folks working each shift. The goal is to put at least a first coat of stain on all of the lumber for the first pergola. We'll most likely need a second work day for a second coat, probably March 22nd or March 25th - depending on the weather and availability of volunteers. If the weather cooperates, there will be a major construction work day on Saturday April 1st to install the main framework on foundations built by the City crews. After April 1, construction days to complete the construction will have to be on weekdays, and I'll be contacting those who signed up for weekday work to arrange those days. If anyone would like to be added to the list of volunteers,

please email me with preferences for staining or construction and whether they can work weekdays.. (Also, if anyone has some sawhorses that they could loan for the staining days, please contact me.)



Looks like PE Gordon Passed!

Since he is holding his diploma in the picture above, along with other local club incoming presidents, it would appear that our President Elect, **Gordon Fischer**, is ready to go this coming July! Note the banner... our first glimpse of what the 2023-24 RI theme will be!

East Bay Woman's Conference



Marcia Gerg

The club had a strong presence at this event this year. The picture shows **Shalini & Carolina** meeting prospective members.

I would also like to thank Jesse Smyers, Gordon Fischer & Rose Camarena for



volunteering. It was a great day and they met several interested individuals.

Book Fundraiser.

Hello, my name is Betsy! I'm helping to run a book drive fundraiser to help reach 150 foster children in Contra Costa County. The book drive would be sponsored members and friends of the Rotary club in association with a publishing company called PaperPie. The goal is for each child to receive an EmpowerME pack: \$50 worth of high quality, new books that fuel their knowledge and wellness, packaged in a cinch backpack. Because of PaperPie's matching per donation, it's only \$35 to sponsor one child, \$70 to sponsor two children, \$105 to sponsor 3 children and so on.

I learned about PaperPie shortly after my daughter was born. At first, I was simply buying their books and reading to her when she was a baby. Because of how much I loved their books and believe in literacy as a lifestyle, I signed up to become a brand partner. I don't do many personal sales, but instead, focus my efforts on book drives for schools, learning centers and daycare's and book drive fundraisers for children who may not otherwise have the luxury of having new books and toys. I'm excited to partner with the Rotary Club of Walnut Creek to support our foster youth population.

Betsy Yuan

Join the Fun...Happy Hour

Every other Thursday at 5:00 PM mem-

bers of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Contact **Darin Kelly** for details and to see if this is a meeting week.

Coming meetings & events...

March 21: David Ko Wells Fargo Bank General Market Conditions

March 28: Daniel Buckshi

Update on Walnut Creek

March: Registration for

District Conference April 26-28, 2024

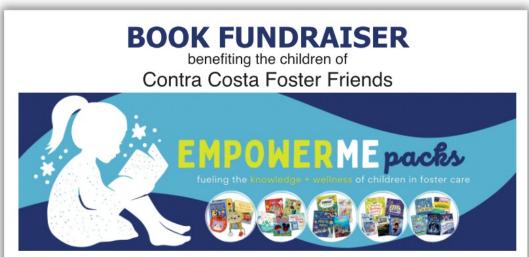
April 15: Spring Assembly

April 25: Gloria Duffy

Commonwealth Club

May 27-31 RI Convention, Melbourne, Australia





Contra Costa Foster Friends' Mission Statement:

provide foster families in Contra Costa County with critical and ongoing support so that they are able to continue opening up their hearts and homes to foster children. We accomplish this by building relationships. Meeting tangible needs and giving them a place to be encouraged, valued, and connected.



424,000 the national average of children in the foster system at any given time

9 in 1,000 children are abused, which often puts them into the foster care system 6.1 the median age of children in foster care 40% of children in foster care having learning disabilities

Our goal: sponsor 50 children | \$35 sponsors one child

To donate: cash, checks to Betsy Yuan or Venmo Questions? booksfortheimagination@gmail.com



Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page If you want to order a lunch, please email your order to **John McClintic** at jmcclintic@bamlaw.com or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the \$23 live meeting charge for diners. "No-shows" will be charged the full \$23. The meeting charge for non-diners attending live is \$10.



Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3 NhcStWaitqUTU0YXdEQT09

Meeting ID: 844 1076 5063 Passcode: Rotary Local dial-up audio numbers:San Jose 1.669.900.6833 or Houston 1.346.248.7799.

Club Officers

Immediate Past President Peter Kohn

> Secretary Marcia Gerg

Attendance Secretary Trudy Cumming

> Treasurer John McClintic

Sergeant at Arms Trudy Cumming

Bulletin Editor Clint Collier

Membership Cathy Durfee

2021-2023 Directors Prem Abraham Darren Kelly Trudy Trinner 2022-2024 Directors Jason Callan Jerry Benoit Lance Mendes

District Officers

Asst. Governor DV8 Dess Benedetto

> DEI Chairman Milt Smith

Sergeant at Arms Layton Hansen

BOX LUNCHES

Sandwich Box

Made with our Herbed or Whole Wheat Breads Includes Potato or Pasta Salad, Lemon Bar, Brownie or Chocolate Banana Bread (Chef's Choice)

Selections:

Turkey - Turkey & Cranberry - Ham - BLTA Tri Tip & Caramelized Onions - Cashew Chicken Salad - Tuna Salad - Egg Salad Vegetarian: Herbed Cream Cheese, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts Roasted Veggie: Roasted Veggies with Tomato Basil Pesto Spread Vegan: Hummus, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts



Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or Chocolate Chip Banana Bread (Chef's Choice)

Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad (GF) - Chicken or Flaked Salmon Caesar's Goddess -Greek - Chicken & Roasted Vegetable (GF) -Edamame & Avocado Quinoa (GF)



** (GF) (Vegan) Includes Piece of Fresh Fruit & Chia Seed Pudding
** Mariposa Gluten Free Bread

SPECIALTY BOXES

Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables, Sweet Potato, House Salsa, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

Tahini Lentil Bowl

Roasted Caulflower & Broccolini, Charred Red Onions, Lentils, Baby Chard & Kale, Toasted Seeds, Herbed Lemon Tahini Dressing, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables, Roasted Sweet Potatoes, Fresh Fruit & Nuts