

# The Walnut Leaf

*The Bulletin of the Rotary Club of Walnut Creek*  
[www.rotarywc.org](http://www.rotarywc.org)



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**Club 465**  
President  
**Gordon Fischer**  
President Elect  
**Marcia Gerg**



## Today's Meeting

**Jon Haverman, PhD:** National Economic Delegation  
Federal Debt

## Office Nominations.

Past President **Jesse Smyers** announced the nominated officers for club offices into the year 2025 at our last meeting. The proposed officers are:

- Continuing Board Members:
  - **Ivan Kerr, Ken Anderson, Prem Abraham**
- Newly Nominated Board Members:
  - **Betsy Yuan, Shalini Lugani, Ted Ford**
- President Elect 2024-2025: **Marcia Gerg**
- Recording Secretary: **Jason Callan**
- Attendance Secretary: **Trudy Cumming**
- RI Foundation Secretary: **Gordon Fischer**
- Treasurer: **John McClintic**
- Sergeant at Arms: **Tony Pasol**
- President Nominee 2025-2026: **Tony Pasol.**

## Dr. Ikediobi has applied for membership.



Doctor **Ogechi ("Chi") Ikediobi** has applied for membership in our club. The club's board of directors has reviewed and approved the application.

She spoke to our club a few weeks ago, primarily about her specialty—dermatology and has a practice here in Walnut Creek. "I have started a medical dermatology practice on the principles of holistic health—ad-

dressing the whole human being rather just the presenting illness in order to properly diagnose and treat dermatological diseases. In doing so, I guide my patients on a journey to healing that feels redemptive.”

She and her husband, Steffen Durinck, live in Orinda. **Shalini Lugani** is **Chi's** sponsor.

Any member who has comments about this application is encouraged to contact our club secretary **Marcia Gerg**.

### **Do you have our Holiday Party...**

..on your calendar yet? The date is December 12<sup>th</sup>, the place Heather Farms Lakeside Room.. Stay tuned for details.

### **Consider Volunteering.**

#### **Carolina Alas-Hemphill**

We have a volunteering event coming up tomorrow at 9:00 am with Assistance League of Diablo Valley.

We would be part of a team of volunteers assembling 500 food boxes. The food boxes supplement end-of-the month food needs of families that are participating in the CalWorks, Medi Cal or Food stamps/Cal Fresh program.

I'm looking for 12 volunteers to join me. Please let me know if this something you can do.

### **Foundation report**

at the November 14<sup>th</sup> meeting **Scott Wilson**, chairman of our Community Foundation, presented their annual report on the activities of the foundation. The full report can be found on our website under the Documents tab and on page 4, you

will find a summary of the grants the Foundation has made in the past year; nearly fifty five thousand dollars in support to our community and Rotary projects.

### **Little Free Libraries**

we reported a couple of issues ago that our first Little Library was up. Well now it is open for business! Stocked with a selection of books it is ready to go and hopefully will see a lot of little smiling faces.

### **Join the Fun...Happy Hour**

Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Contact **Darin Kelly** for details and to see if this is a meeting week.

### **Coming Meetings & Events...**

November 29: Assistance League!

Volunteer Day.

December 5: **Mark Roberts**

Rotary District Foundation Chair  
Foundation Update

December 12: Club Holiday Party

December 19: Taylor Foxworthy

Organizing and Decluttering Tips

December 26: Dark

January 2, 2024: Dark

our first little library...



...is open for business!

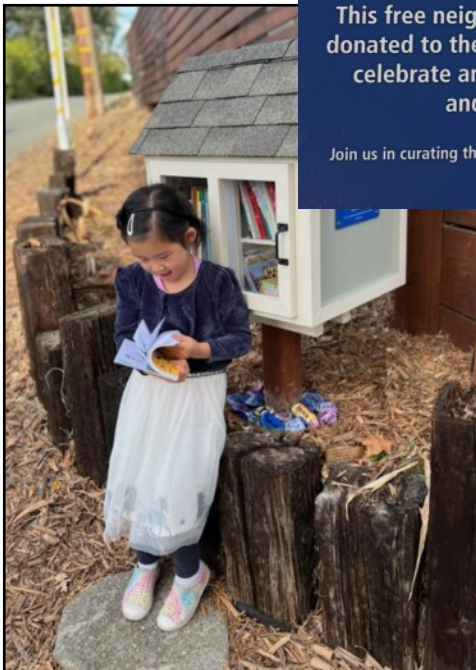


**Rotary**   
Club of Walnut Creek

This free neighborhood lending library was donated to the children of our community to celebrate and support inclusion, equity, and our rich diversity.

Join us in curating this collection with age-appropriate materials.

[rotarywc.org](http://rotarywc.org)



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# The Rotary Foundation



## Doing Good in the World



Peacebuilding  
and Conflict  
Prevention



Disease  
Prevention  
& Treatment



Water,  
Sanitation  
& Hygiene



Maternal &  
Child Health



Basic Education  
& Literacy



Community  
Economic  
Development



Environment

### 2022-23 Rotary Club of Walnut Creek Community Foundation Grants.

Asante Africa Foundation	\$2,000
Assistance League of Diablo Valley	2,000
City of Walnut Creek (2 pergolas at Sugarloaf)	7,000
City of Walnut Creek	5,000
Corporacion de Servicios Roterio Medellin	3,300
Lamorinda Sunrise Rotary Foundation	2,000
Graduating Senior Scholarship—Las Lomas High School *	5,000
Graduating Senior Scholarship—Northgate High School *	5,000
RES Success	5,000
Rotary Club of Madras **	5,000
Trinity Center Walnut Creek	10,000
Rotary Club of Medellin	3,500
<b>Total grants approved</b>	<b>\$54,800</b>

\* These scholarships are not reflected in the financial's reported on pages 8 & 9 because they were granted in May 2023 but funds were not disbursed until August and September 2023 after the recipients provided confirmation of their college enrollment. The 2022-23 financial's report the disbursement of the two \$3,000 scholarships awarded in 2021-22.

\*\* Similarly, disbursement of the grant funds to the Rotary Club of Madras is not reflected in the financial's because it is pending completion of the remaining grant provisions.

## Other Club Positions

Immediate Past President

**Gary Stein**

Secretary

**Marcia Gerg**

Rotary International

Secretary

**Layton Hansen**

Attendance Secretary

Polio Plus Warrior

**Trudy Cumming**

Treasurer

**John McClintic**

Sergeant at Arms

**Trudy Cumming**

Bulletin Editor

**Clint Collier**

Membership

**Cathy Durfee**

**Trudy Triner**

Community Outreach

**Trudy Triner**

Club Hospitality

**Darren Kelly**

Audio Visual

**Tony Pasol**

Fellowship

**Jason Callan**

Speaker Committee

**Carolina Alas-Hemphill**

**Matt Guichard**

**Prem Abraham**

**Peter Kohn**

2021-2023 Directors

**Prem Abraham**

**Darren Kelly**

**Trudy Trinner**

2022-2024 Directors

**Jason Callan**

**Jerry Benoit**

**Lance Mendes**

District Officers

DV8 Asst Governor

**Cathy Durfee**

### November's Team!

**Marty Larsen (Leader)**

**Jason Callan**

**Ted Ford**

**Prem Abraham**

**Carolina Hemphill**

**Dess Benedetto**

**Quent Alexander**

**April Sun**

**Hari Boukis**

## Live Meetings

Members have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page If you want to order a lunch, please email your order to:

**John McClintic**

at [jmclintic@bamlaw.com](mailto:jmclintic@bamlaw.com) or  
leave voicemail at 925.256.8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

**Orders must be received no later than noon, Friday preceding the meeting.**

Your meal is included in the \$23 live meeting charge for diners. "No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

Want to join us by Zoom? The Zoom session starts at 12:00pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdEQT09>

Meeting ID: 939 5921 4209 Passcode: WCRotary



# Next week - Lunch Choices Catered by Sunrise Bistro

## BOX LUNCHES

### Sandwich Box

Made with our Herbed or Whole Wheat Breads  
Includes Potato or Pasta Salad, Lemon Bar, Brownie  
or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA

Tri Tip & Caramelized Onions - Cashew Chicken

Salad - Tuna Salad - Egg Salad

Vegetarian: Herbed Cream Cheese, Avocado, Carrots,  
Beets, Cucumber, Tomato & Sprouts

Roasted Veggie: Roasted Veggies with Tomato Basil  
Pesto Spread

Vegan: Hummus, Avocado, Carrots, Beets,  
Cucumber, Tomato & Sprouts



### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or  
Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad

(GF) - Chicken or Flaked Salmon Caesar's Goddess -

Greek - Chicken & Roasted Vegetable (GF) -

Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia  
Seed Pudding

\*\* Mariposa Gluten Free Bread

## SPECIALTY BOXES

### Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Sweet Potato, House Salsa, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red  
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,  
Herbed Lemon Tahini Dressing, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Roasted Sweet Potatoes, Fresh Fruit & Nuts