# The Walnut Leaf

The Bulletin of the Rotary Club of Walnut Creek www.rotarywc.org



# Today's Meeting

Louise Nayer, Author Elements of Memoir Writing

# **International**

International President
Gordon R. McInally
Scotland
International President
Elect

Stephanie A Urchick United States

### District 5160

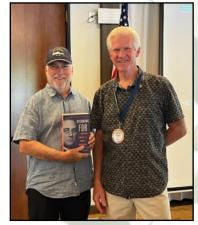
District Governor
Claire Roberts
District Governor Elect
Dan Geraldi

# Walnut Creek Club 465

President Gordon Fischer President Elect Marcia Gerg



# Last weeks meeting...



..by Ford Roosevelt, grandson of the president, has inspired member of the club to organize a visit to the *USS Potomac* which is being organized by Carolia Alas-Hemphill.

The USS Potomac, is berthed at Jack London Square. We will do this on Sunday September

24th at around noon. The fee for this tour is \$10 per person. We will have a docent for every group of eight people. We can have several groups, they will just assign a different docent per group.

Parking is really close by and conveniently located at the corner of Washington and 2nd Street (Jack London Square Park-



ing Garage). The *USS Potomac* Visitor Center is only one block on your right at 540 Water Street.

Please RSVP to me, no later than Friday September 15th.

I will be collecting your fees at our meeting, or at the Yacht.



# Join the Fun...Happy Hour

Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Contact **Darin Kelly** for details and to see if this is a meeting week.

# Coming meetings & events...

September 19: Greg Baer,
Director of Airports
Buchanan Field Airport
September 24: Visit to USS Potomac
September 26: Mike Thomas,
President and CEO
John Muir Hospital
October 10: Therese Buhiman,

October 10: Therese Buhiman, Athletic Director

Girls Football/High School Sports

October 17: Claire Roberts,
District Governor

District Governor Visit
October 31: **Linda Fodrini-Johnson**,
Author
Sleep Discussion

# **Community Service Day.**

Walnut Creek will be holding its annual Community Service Day in October (the 14<sup>th</sup>). Rotarian **Jesse Smyers** will be coordinating our participation in this event. Want to help, be involved? Contact Jessie.









# Over the top!

Collectively we are donating the following to Contra Costa Foster Friends

• Diapers: 811 pairs

• Wipes: 68 packages

• Socks: 295 pairs

Underwear: 175 pairsTights/leggings: 4

• Undershirt/onesies: 14

Thank you everyone for your donations and generosity!

PLEASE DONATE

Diaper, Socks & Undies

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Betsy & April

# **Building Little Free Libraries**

We're hoping that we can build and fill a series of Little Free Libraries across Walnut Creek and surrounding cities that emphasize diversity and inclusion by filling these library boxes with culturally relevant books for young children.

The vision and design of these library boxes is that they would be on shorter posts so that children can reach and pick out their books themselves. The library box itself would be taller to fit picture books easily.

To figure out if this is a viable idea, we need a few people to be library stewards and volunteer their yard area to have one of these built and put up. Please let us know if you're interested in having one of these built on your property.

Also, let us know if you'd be interested in helping to:

- 1. Design and build the libraries
- 2. Paint and decorate the libraries once they're completed.

**Betsy & April** 



#### **Other Club Officers**

Immediate Past President Gary Stein

Secretary **Marcia Gerg** 

Rotary International Secretary Layton Hansen

Attendance Secretary Polio Plus Warrior **Trudy Cumming** 

Treasurer

John McClintic

Sergeant at Arms **Trudy Cumming** 

**Bulletin Editor Clint Collier** 

Membership Cathy Durfee Trudy Triner

Community Outreach **Trudy Triner** 

Club Hospitality **Darren Kelly** 

Audio Visual Clint Collier Tony Pasol

Fellowship

Jason Callan

Speaker Committee
Carolina Alas-Hemphill
Matt Guichard
Prem Abraham
Peter Kohn

2021-2023 Directors

Prem Abraham Darren Kelly Trudy Trinner

2022-2024 Directors

Jason Callan Jerry Benoit Lance Mendes

# September's Team!

Michele McKay (Leader) Don Willoughby Rose Camarena Jessie Smyers Russ Anderson Rich Fleming Bryan Yeh Oscar Wu Christy Devoe

# **Live Meetings**

Members have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page If you want to order a lunch, please email your order to:

#### John McClintic

at jmcclintic@bamlaw.com or leave voicemail at 925.256.8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included. Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the \$23 live meeting charge for diners. "No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

https://zoom.us/j/94987367676?pwd=TUJiWXFlNWk3SWI2dz VZZ01vdzBuQT09

Meeting ID: 939 5921 4209 Passcode: WCRotary



# Next week - Lunch Choices Catered by Sunrise Bistro

#### **BOX LUNCHES**

#### Sandwich Box

Made with our Herbed or Whole Wheat Breads Includes Potato or Pasta Salad, Lemon Bar, Brownie or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA
Tri Tip & Caramelized Onions - Cashew Chicken
Salad - Tuna Salad - Egg Salad
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,
Beets, Cucumber, Tomato & Sprouts
Roasted Veggie: Roasted Veggies with Tomato Basil
Pesto Spread
Vegan: Hummus, Avocado, Carrots, Beets,
Cucumber, Tomato & Sprouts



#### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad (GF) - Chicken or Flaked Salmon Caesar's Goddess -Greek - Chicken & Roasted Vegetable (GF) -Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia Seed Pudding \*\* Mariposa Gluten Free Bread

#### **SPECIALTY BOXES**

#### Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables, Sweet Potato, House Salsa, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

#### Tahini Lentil Bowl

Roasted Caulflower & Broccolini, Charred Red Onions, Lentils, Baby Chard & Kale, Toasted Seeds, Herbed Lemon Tahini Dressing, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

#### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables, Roasted Sweet Potatoes. Fresh Fruit & Nuts