# The Walnut Leaf

The Bulletin of the Rotary Club of Walnut Creek www.rotarywc.org



# International

International President Gordon R. McInally Scotland International President Elect Stephanie A Urchick United States

District 5160 District Governor

Claire Roberts District Governor Elect Dan Geraldi

# Walnut Creek Club 465

President Gordon Fischer President Elect Marcia Gerg



CREATE HOPE in the WORLD

# **Today's Meeting**

Eve Birge, Ex. Director White Pony Express

# ...Get ready to welcome Miu!



Our 2023 Kohoku exchange student, Miu Ishii, will arrive this Friday 8/4. We have learned that she is a university student studying law, loves animals, likes roller coasters. and has two younger sisters. She says her primary goal for this visit is, "I would like to experience how people live there, whether it's a Starbucks or a doughnut shop." She is very

excited to see America, but a little nervous because this is her first trip outside Japan.

The Club has a full calendar of experiences for Miu. A big Thank You to all who have volunteered to host her during her stay with us. You will be able to meet her at the Welcome Party on Sunday 8/6 (see section on party details...) Miu will also attend the Rotary meeting on 8/8. (Marty will be providing special transportation for her to the meeting.) Her English is not strong, but she will have a handheld audio translator to make communi-

Tuesday August 1, 2023 Volume 92 Number 5

cation easier.

**Rose** and **Don** will meet Miu at SFO on Friday 8/4, and she will be at their home for the first few days. She will arrive on Japan Air Lines flight JL058 at 11:45 am. Everyone is welcome to come to SFO to greet her. Let Don know if you will be there so that he can inform you of any schedule changes.

# Join the Fun...Happy Hour

Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Contact **Darin Kelly** for details and to see if this is a meeting week.

# Coming meetings & events...

August 6: Exchange Student Miu Isahii Welcome party at **Gordon**'s! August 8: Linda Fodrini-Johnosn Memory August 22: Priscilla Tudor Walnut Creek Historical Society August 29: Charles Fracchia: Top Scams Targeting Older Adults September 5: Ford Roosevelt USS Potomac September 12: Louise Nayer Author

# **Community Service Day.**

Walnut Creek will be holding its annual Community Service Day in October (the

14th). Rotarian Jesse Smyers will be

coordinating our participation in this event. Want to help, be involved? Contact Jessie.



## TEAM 2 August

Milt Smith (Leader) Trudy Cumming Layton Hansen John McClintic John Gardner Drew Marshall Gary Stein Betsy Yuan Adrian Mendes Andy Halperin



Check out ...

The functions neighboring Rotary Clubs and non-profits we sponsor are sponsoring on the last page of our newsletter!

Tuesday August 1, 2023 Volume 92 Number 5

# **Other Club Officers**

Immediate Past President Gary Stein

## Secretary Marcia Gerg

Rotary International Secretary Layton Hansen

Attendance Secretary Polio Plus Warrior **Trudy Cumming** 

> Treasurer John McClintic

Sergeant at Arms Trudy Cumming

# Bulletin Editor Clint Collier

Membership Cathy Durfee Trudy Triner

Community Outreach Trudy Triner

> Club Hospitality Darren Kelly

Audio Visual Clint Collier Tony Pasol

Fellowship Jason Callan Speaker Committee Carolina Alas-Hemphill Matt Guichard Prem Abraham Peter Kohn

2021-2023 Directors Prem Abraham Darren Kelly Trudy Trinner

2022-2024 Directors Jason Callan Jerry Benoit Lance Mendes

# July's Team!

Milt Šmith (Leader) Trudy Triner Clint Collier Lance Mendes Peter Kohn Jack Fischer Mary Azevedo Al Sevilla Shalini Lugini Frank Suess

# **Live Meetings**

Members have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page If you want to order a lunch, please email your order to

John McClintic at jmcclintic@bamlaw.com or leave voicemail at 925.256.8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included. **Orders must be received no later than noon, Friday preceding the meeting.** 

Your meal is included in the \$23 live meeting charge for diners. "No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm. https://zoom.us/j/94987367676?pwd=TUJiWXFINWk3SWI2dz VZZ01vdzBuQT09

Meeting ID: 939 5921 4209 Passcode: WCRotary

Tuesday August 1, 2023 Volume 92 Number 5

## **BOX LUNCHES**

#### Sandwich Box

Made with our Herbed or Whole Wheat Breads Includes Potato or Pasta Salad, Lemon Bar, Brownie or Chocolate Banana Bread (Chef's Choice)

## Selections:

Turkey - Turkey & Cranberry - Ham - BLTA Tri Tip & Caramelized Onions - Cashew Chicken Salad - Tuna Salad - Egg Salad Vegetarian: Herbed Cream Cheese, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts Roasted Veggie: Roasted Veggies with Tomato Basil Pesto Spread Vegan: Hummus, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts



### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or Chocolate Chip Banana Bread (Chef's Choice)

### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad (GF) - Chicken or Flaked Salmon Caesar's Goddess -Greek - Chicken & Roasted Vegetable (GF) -Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia Seed Pudding
\*\* Mariposa Gluten Free Bread

# SPECIALTY BOXES

## **Cindy's Special Box**

Grilled Mary's Chicken Breast, Roasted Vegetables, Sweet Potato, House Salsa, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

## Tahini Lentil Bowl

Roasted Caulflower & Broccolini, Charred Red Onions, Lentils, Baby Chard & Kale, Toasted Seeds, Herbed Lemon Tahini Dressing, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

## Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables, Roasted Sweet Potatoes, Fresh Fruit & Nuts

