Today’s Meeting is ZOOM and Live

See page 6 for instruction on Zoom meetings.

Ted Ford
Has applied for membership.

Ted is a resident of Walnut Creek and retired. Previously he was a Peace Corps Volunteer then a foreign service officer before working in the banking industry. In 2001 he started working with Cole European in auto sales. He is sponsored by Trudy Triner.

Saying goodbye

The memorial service for our fellow Rotarian and past president, Bruce Johnson will be March 19th at 11:00, Lafayette Orinda Presbyterian Church, Lafayette.

Fifth Paul Harris Award

At last week’s meeting Gordon Fischer presented Jerry Benoit with his fifth Paul Harris award for his support of the Rotary Foundation. Congratulations Jerry, well done.
White Pony Express

a number of our Rotarian members are now volunteering at White Pony Express Helping with sorting, packing and other chores.
Do you remember?

In June 2016 members of a Rotary Exchange program designed to spread peace and understanding worldwide visited our club to introduce us to their homeland.
Sadly... this is their message to us today, four years later.

The Russian Mir came to the Yakivlivku of Kharkiv region. At ten o'clock in the evening, they began to hide from the air, according to the locals, - they did a few rounds over the village and started over. There are no military objects in the village, there is no gathering of our military, the village is actually very small. It was. Up to this morning. There is no greater village.

In the truck of the dead bodies. Understand that all this needs to be filmed, but I can't, I just can't.

In the photo in a blue blanket - the dead owner of the house, his wife's body is still looking for under the ruins.

Residents of neighboring settlements came to the village - to help undress everything. Elderly men with red tears in their eyes scream at the camera that the killer is a fucking killer. The woman, in whose house was overnight, nine people, complained that the whole breast was in the bruise, because when it all started, she fell on the children and covered them up.

No I'm not okay and I probably never will ever be. I envy those who can cry.
As one of the world’s largest humanitarian organizations, Rotary has made peace the cornerstone of our global mission. We are deeply concerned about the Ukraine crisis and need your help.

Rotary is made up of people of action, especially in difficult times. In response to the deepening refugee crisis, The Rotary Foundation Trustees have decided to prioritize contributions made to the Disaster Response Fund until 30 April 2022 to support disaster response grants for districts affected by these events. These expedited disaster response grants can be used to supply water, food, medicine, shelter, and clothing.

Half a million* people have fled Ukraine and are in dire need of emergency aid. The United Nations estimates that number of refugees could grow to as many as 5 million people displaced. Rotary clubs in Europe and around the world have stepped up their relief work, some working on the ground to help displaced families.

With your donation to our Disaster Response Fund, we can support communities and help rebuild lives during this tragic time.

Sincerely,

John Germ
Trustee Chair, 2021-22
The Rotary Foundation

* John is a little behind the times I fear. As of 3/3 when this was received it was over one million! I wonder if his “Rotary Clubs around the world have stepped up…” includes those in Russia? [Editor]
We have been invited
Trudy Triner…

by the Rotary Club of Lamorinda to join them on Saturday, March 26th [Note the new date!] for their "last Saturday of the month" Home Team volunteer day. We will shadow one of their teams to learn the ropes and observe how they work with both clients and with one another. If our club decides to form our own Home Team in the future, we will receive requests from Walnut Creek senior residents and spend one Saturday morning a month responding to those requests. So far, Don and Rose have volunteered to participate on February 26th and others are welcome! Please contact Trudy Triner if you have any questions or would like to join on the 26th.

Several of our past presidents, including Bruce Johnson, have wanted to make this happen and it would be great to make this the year it actually did! Perhaps we could do it in honor and memory of Past President, Bruce, who would have undoubtedly been the first to volunteer!
Live Meetings
Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farms Garden Center. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page
If you want to order a lunch, please email your order to John McClintic at jmcclintic@bamlaw.com or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

Orders must be received no later than noon, Friday preceding the meeting.
Your meal is included in the $23 live meeting charge for diners.
"No-shows" will be charged the full $23.
The meeting charge for non-diners attending live is $10.

Zoom Meetings
Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm. https://us02web.zoom.us/j/3315080026
Meeting ID: 331 508 0026
Local dial-up audio numbers:San Jose 1.669.900.9128 or Houston 1.346.248.7799.
BOX LUNCHES

Sandwich Box
Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie
or Chocolate Banana Bread (Chef’s Choice)

Selections:
Turkey - Turkey & Cranberry - Ham - BLT
Tri Tip & Caramelized Onions - Cashew Chicken
Salad - Tuna Salad - Egg Salad
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,
Beets, Cucumber, Tomato & Sprouts
Roasted Veggie: Roasted Veggies with Tomato Basil
Pesto Spread
Vegan: Hummus, Avocado, Carrots, Beets,
Cucumber, Tomato & Sprouts

Salad Boxes
Include Fresh Roll, Butter, Lemon Bar, Brownie or
Chocolate Chip Banana Bread (Chef’s Choice)

Selections:
Cobb (GF) - Thai Chicken, Cashew Chicken Salad
(GF) - Chicken or Flaked Salmon Caesar’s Goddess -
Greek - Chicken & Roasted Vegetable (GF) -
Edamame & Avocado Quinoa (GF)

** (GF) (Vegan) Includes Piece of Fresh Fruit & Chia
Seed Pudding
** Mariposa Gluten Free Bread

SPECIALTY BOXES

Cindy’s Special Box
Grilled Mary’s Chicken Breast, Roasted Vegetables,
Sweet Potato, House Salsa, Fresh Baked Roll,
Brownie or Lemon Bar (Chef’s Choice)

Tahini Lentil Bowl
Roasted Cauliflower & Broccolini, Charred Red
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,
Herbed Lemon Tahini Dressing, Fresh Baked Roll,
Brownie or Lemon Bar (Chef’s Choice)

Paleo Box (GF)
Grilled Mary’s Chicken Breast, Roasted Vegetables,
Roasted Sweet Potatoes, Fresh Fruit & Nuts
District Conference
Not to be missed!
The 2022 District Conference has been set and announced on the District web page. It will be October 28th to the 30th in Monterey (at the Marriott Monterey). The hotel cost is $225 per night. Conference registration:
- Early Bird Registration - $199 through June 1, 2022
- Regular Registration - $225 through August 31, 2022
- Late Registration - $250 September 1

Full-package pricing includes all the great speakers and sessions you've come to expect from a District conference. Not to be missed!
Friday Night Event: $25 per person, Register by Sept 1. Registration will be available soon. Limited space available, sign up early!

Coming meetings & events...
April 2: DV8 party at Sugarloaf Open Space
April 23: Dinner party hosted by PE Gary Stein
April 24-30: World Immunization Week
June 1: deadline for conference early registration.
October 27-30: District Conference, Monterey

Past copies of The Walnut Leaf
I have made the pdf copies of all of The Walnut Leaf for Peter’s term (Vol 90) available on my [Editor] Dropbox account. Members wishing to view any of them (they are named by the date of the meeting) can simply click on this link or copy it into their browser:
https://www.dropbox.com/sh/9nr3398euvrz4zo/AACaJd1

Club Officers
Immediate Past President
Cathy Durfee
Secretary
Marcia Gerg
Attendance Secretary
Trudy Cumming
Treasurer
John McClintic
Sergeant at Arms open
Bulletin Editor
Clint Collier
Membership
Jerry Benoit
Cathy Durfee
2020-2022 Directors
Jason Callan
Ron Wetter
Jennifer Stowell
2021-2023 Directors
Prem Abraham
Darren Kelly
Alain Justilien
District Officers
Asst. Governor DV8
Dess Benedetto
DEI Chairman
Milt Smith
Sergeant at Arms
Layton Hansen