

# The Walnut Leaf

*The Bulletin of the Rotary Club of Walnut Creek*  
[www.rotarywc.org](http://www.rotarywc.org)

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## **Rotary International**

International President

**Shekhar Mehta**

India

International President

Elect

**Jennifer Jones**

Canada

International President

Nominee

**Gordon R. McNally**

Scotland

## **District 5160**

District Governor

**Kathy Suvia**

District Governor Elect

**Suzanne Bragdon**

District Governor Nominee

**Claire Roberts**

## **Walnut Creek**

**Club 465**

President

**Peter Kohn**

President Elect

**Gary Stein**

President Nominee

**Gordon Fischer**

## **Today's Meeting is ZOOM and Live**

See page 6 for instruction on Zoom meetings.

## **Ted Ford**

### **Approved for membership**



Ted is a resident of Walnut Creek and retired. Previously he was a Peace Corps Volunteer then a foreign service officer before working in the banking industry. In 2001 he started working with Cole European in auto sales. He is sponsored by **Trudy Triner**.

## **Rotary Gears Up for Ukraine Disaster**

Rotary's Disaster Response Fund is a general fund to receive contributions for worldwide response to natural disasters. The fund typically provides for Disaster Response Grants of up to \$25,000, made to Rotary Districts to assist on the ground in these disaster areas.

Due to the growing humanitarian and refugee crisis taking place in Ukraine and the impacted surrounding countries, on March 2, 2022, the Executive Committee of the Trustees of The Rotary Foundation, acting on behalf of the Trustees, agreed that the sudden and extreme needs prompted by the crisis in Ukraine warrant immediate action to bring relief in these impacted areas.

All contributions to Rotary's Disaster Response Fund, through 30 April 2022, will be used to support relief and recovery efforts in Ukraine and surrounding areas. Rotary districts that have been affected by the Ukraine crisis will receive priority access to Disaster Response Grants until 30 June 2022



The current decision specifically provides that Rotarians in Rotary Districts in (1) Hungary, (2) Poland, (3) Ukraine/Belarus (they are one district), (4) Czech Republic and Slovakia, and (5) Republic of Moldov

a and Romania are eligible for a Disaster Response Grant of \$50,000 until 30 June 2022. When one grant is completed, another grant can be requested, to mobilize donations as soon as possible to make the most difference.

In summary, donations go to Rotary's Disaster Response Fund, and grants are made to Rotary members in the field.

This channel of support gives donors the greatest assurance that contributions are going to help those most in need.

Disaster Response Grants may be used to provide basic items such as water, food, medicine, and clothing and for providing immediate aid to support refugees of this crisis.

If you would like to help, please click [HERE](#) to donate to the Disaster Response Fund.

Vicki Puliz,  
Rotary International Director  
2021-2023  
Larry Lunsford,  
Rotary Foundation Trustee  
2021-2025

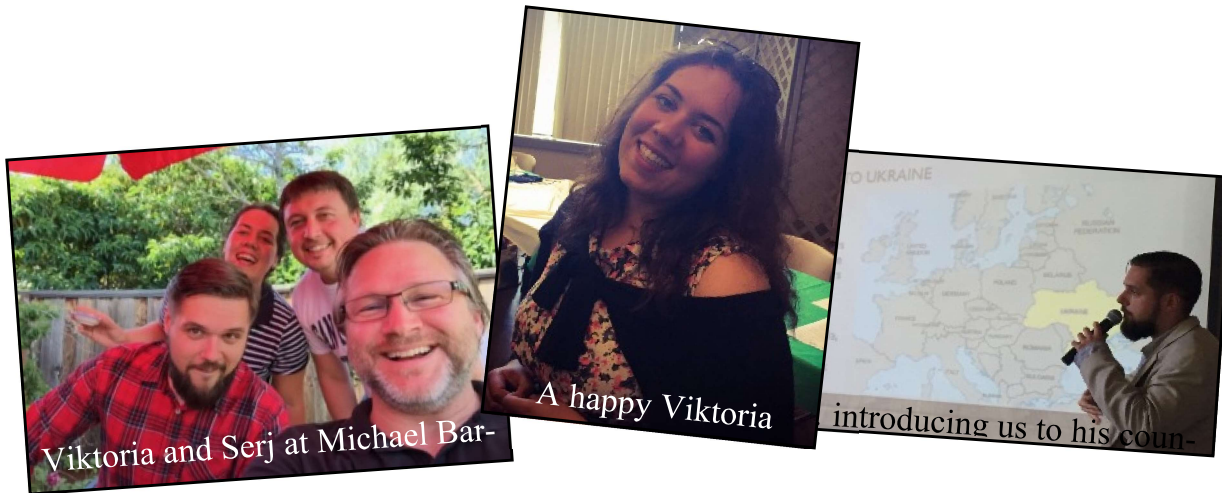
### Look for the DV8 BBQ

Coming soon, sign up for the DV8 BBQ and cornhole competition. A fun time is coming your way... and it supports the Ukrainian relief program!

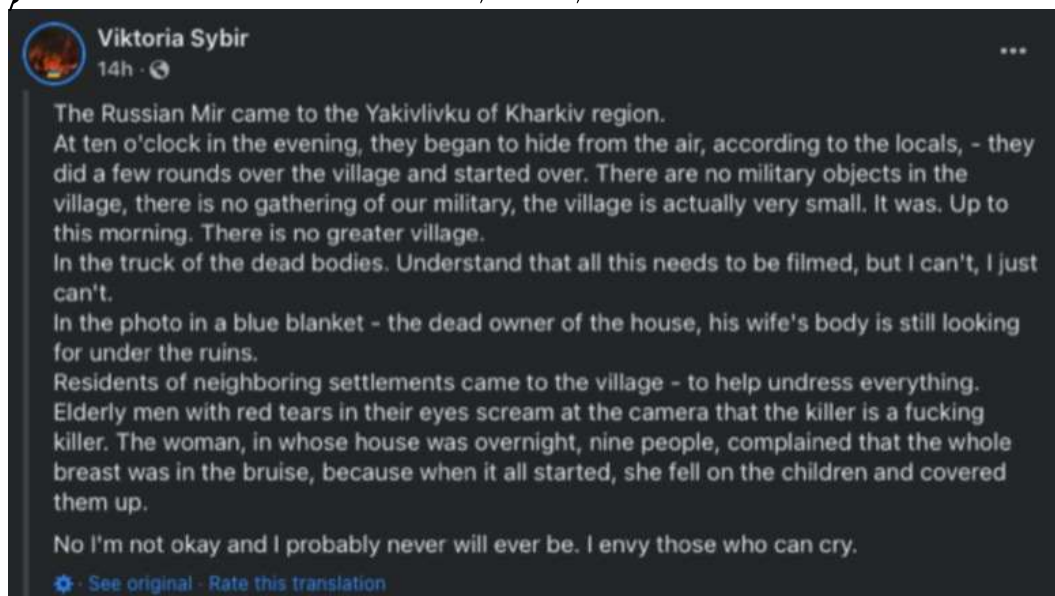


# Do you remember?

In June 2016 members of a Rotary Exchange program designed to spread peace and understanding world wide visited our club to introduce us to their homeland.



*Sadly...* this is their message to us today, four years later.



Tuesday March 22<sup>nd</sup> 2022 Volume 90 Number 34



THE ROTARY CLUB OF BENICIA INVITES YOU TO

# SPRING CONCERT & BBQ!

**SATURDAY, MAY 7TH, 2022 @ 4 PM**

**AT THE BENJAMIN'S WINDMILL OAKS**

**4147 OAKWOOD DRIVE, FAIRFIELD, CA 94534**

**1960'S, 1970'S, 1980'S MUSIC BY DUO SONIC**

**MENU: BBQ TRI-TIP, BAKED POTATO, CORN ON THE COB, SALAD, ROLL AND  
DESSERT**

Pre-sale tickets only! \$50/person

Please contact Heidi at (707) 333-5995 or online  
at [beniciarotary.org](http://beniciarotary.org) - under "News"

All proceeds benefit the Rotary Club International and Ten  
For Girls Project.

Tax Payer ID#- 68-0484934



**We have been invited  
Trudy Triner...**



by the Rotary Club of Lamorinda to join them on Saturday, March 26th [Note the new date!] for their "last Saturday of the month" Home Team volunteer day. We will shadow one of their teams to learn the ropes and observe how they work with both clients and with one another. If our club decides to form our own Home Team in the future, we will receive requests from Walnut Creek senior residents and spend one Saturday morning a month responding to those requests. So far, **Don** and **Rose** have volunteered to participate on February 26th and others are welcome! Please contact **Trudy Triner** if you have any questions or would like to join on the 26th.

Several of our past presidents, including **Bruce Johnson**, have wanted to make this happen and it would be great to make this the year it actually did! Perhaps we could do it in honor and memory of Past President, **Bruce**, who would have undoubtedly been the first to volunteer!



**THE NEED:**

For many seniors, common household repairs are no longer easy to do on their own. Family members may not be able to help, and the ability to pay someone for the repairs may not be possible either.

Rotary Home Team™ can assist with common maintenance issues such as:

- \* replacing hard to reach lightbulbs
- \* changing smoke alarm batteries
- \* fixing a leaky faucet
- \* repairing sticky doors
- \* adjusting handles or cabinet drawer pulls
- \* resetting tripped circuit breakers
- \* and many other small repairs

**Rotary** 

**WHO WE ARE**

Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change - across the globe, in our communities, and in ourselves.



Rotary Home Team™ provides basic home maintenance to seniors at NO CHARGE. The goal of the program is to identify seniors in the community who need assistance and to coordinate volunteer Rotarians to visit and make any necessary repairs they may need. Rotary Home Team™ work days are scheduled by your local rotary club. Call or email us for more information.



EVERY

ROTARIAN

EVERY

YEAR



HAVE YOU MADE A DONATION YET?

ALL IT TAKES IS \$25... BUT \$100 IS BETTER!

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### Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farms Garden Center. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page

If you want to order a lunch, please email your order to **John McClintic** at [jmcclintic@bamlaw.com](mailto:jmcclintic@bamlaw.com) or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

**Orders must be received no later than noon, Friday preceding the meeting.**

Your meal is included in the \$23 live meeting charge for diners.

"No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

### Zoom Meetings

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us02web.zoom.us/j/3315080026>

Meeting ID: 331 508 0026

Local dial-up audio numbers: San Jose 1.669.900.9128 or Houston 1.346.248.7799.

Tuesday March 22<sup>nd</sup> 2022 Volume 90 Number 34

# Lunch Choices Catered by Sunrise Bistro

## BOX LUNCHES

### Sandwich Box

Made with our Herbed or Whole Wheat Breads  
Includes Potato or Pasta Salad, Lemon Bar, Brownie  
or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA  
Tri Tip & Caramelized Onions - Cashew Chicken  
Salad - Tuna Salad - Egg Salad  
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,  
Beets, Cucumber, Tomato & Sprouts  
Roasted Veggie: Roasted Veggies with Tomato Basil  
Pesto Spread  
Vegan: Hummus, Avocado, Carrots, Beets,  
Cucumber, Tomato & Sprouts



### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or  
Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad  
(GF) - Chicken or Flaked Salmon Caesar's Goddess -  
Greek - Chicken & Roasted Vegetable (GF) -  
Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia  
Seed Pudding

\*\* Mariposa Gluten Free Bread

## SPECIALTY BOXES

### Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Sweet Potato, House Salsa, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Tahini Lentil Bowl

Roasted Cauliflower & Broccoli, Charred Red  
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,  
Herbed Lemon Tahini Dressing, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Roasted Sweet Potatoes, Fresh Fruit & Nuts

## District Conference Not to be missed!

The 2022 District Conference has been set and announced on the District web page. It will be October 28<sup>th</sup> to the 30<sup>th</sup> in Monterey (at the Marriott Monterey). The hotel cost is \$225 per night. Conference registration:

- Early Bird Registration - \$199 through June 1, 2022
- Regular Registration - \$225 through August 31, 2022
- Late Registration - \$250 September 1

Full-package pricing includes all the great speakers and sessions you've come to expect from a District conference. Not to be missed!

Friday Night Event: \$25 per person, Register by Sept 1. Registration will be available soon. Limited space available, sign up early!

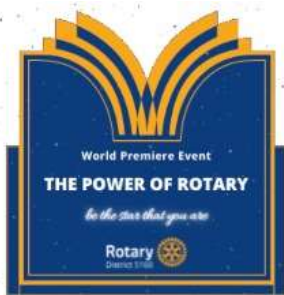
## Coming meetings & events...

April 2: DV8 party at Sugarloaf Open Space  
April 23: Dinner party hosted by PE **Gary Stein**  
April 19: Candace Andersen CCC Supervisor  
April 24-30: World Immunization Week  
June 1: deadline for conference early registration.  
October 27-30: District Conference, Monterey

## Past copies of The Walnut Leaf

Past copies of the Walnut Leaf for President **Peter's** term can be found at:

<https://www.dropbox.com/sh/9nr3398euvrz4zo/AACaJd1tHoXzvMUSF4guDSyCa?DI=0>



## Club Officers

Immediate Past President

**Cathy Durfee**

Secretary

**Marcia Gerg**

Attendance Secretary

**Trudy Cumming**

Treasurer

**John McClintic**

Sergeant at Arms

open

**Bulletin Editor**

**Clint Collier**

Membership

**Jerry Benoit**

**Cathy Durfee**

2020-2022 Directors

**Jason Callan**

**Ron Wetter**

**Jennifer Stowell**

2021-2023 Directors

**Prem Abraham**

**Darren Kelly**

**Alain Justilien**

## District Officers

Asst. Governor DV8

**Dess Benedetto**

DEI Chairman

**Milt Smith**

Sergeant at Arms

**Layton Hansen**