

# The Walnut Leaf

*The Bulletin of the Rotary Club of Walnut Creek*  
[www.rotarywc.org](http://www.rotarywc.org)



**Rotary**

## **International**

International President

**Jennifer Jones**

Canada

International President

Elect

**Gordon R. McNally**

Scotland

## **District 5160**

District Governor

**Suzanne Bragdon**

District Governor Elect

**Claire Roberts**

## **Walnut Creek**

**Club 465**

President

**Gary Stein**

President Elect

**Gordon Fischer**



## **Today's Meeting**

Looks like Pres **Gary** is off on vacation (who does he think he is, President Biden?) so past president **Cathy Durfee** is filling in for him.

Our speaker is Rajiv Saran, MD, who will be speaking from his University of Michigan office on kidney disease and dialysis costs and outcomes.

## **Start the year with a Paul Harris**



**Scott Wilson** started the new Rotary Year off by receiving his sixth Paul Harris award, shown here being presented by club Paul Harris Secretary, **Gordon Fischer**.



## **Membership Ambassador**

The District 5160 team is looking for a Membership Ambassador to represent the DV-8 Clubs. The leader of that district committee is Marsha Brown. If you want to take a role in Rotary leadership at the district level this is a great opportunity. Most of the "jobs" only last a year or two so it's nothing like being Club President! And you get to keep having fun as a leader. Let me know if you are interested or if you nominate someone from your

club. Our DV8 clubs need to be represented in this district membership group.

## White Pony Express



For the past several months a team of Rotarians from our club have been volunteering at White Pony Express, a local food distribution organization.

At President **Gary's** first meeting of the new Rotary Year the club donated over \$19,000 to that organization to continue their work in our community.



A symbolic check representing this donation was accepted by Eve Birge, head of WPE by **Gary, Cathy Durfee and John McClintic.**

## Governor Visit

We are confirmed for the District Governor and Zone Director visit for the joint DV-8 Clubs on Sunday, September 25th. Location at Walnut Creek Sugar Loaf is confirmed and I am also looking for a back up location in case it is too hot, smokey, who knows what else!



**EVERY**  
**ROTARIAN**  
**EVERY**  
**YEAR**

**Make it Your Goal for 2022-23**

## Join the Fun...Happy Hour

Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another week. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Want to join us? All you have to do is show up. Contact [Darren Kelly](#) for information.



## Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farms Garden Center. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page

If you want to order a lunch, please email your order to **John McClintic** at [jmclintic@bamlaw.com](mailto:jmclintic@bamlaw.com) or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

**Orders must be received no later than noon, Friday preceding the meeting.**

Your meal is included in the \$23 live meeting charge for diners.

"No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

## Zoom Meetings

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdeEQT09>

Meeting ID: 844 1076 5063 Passcode: Rotary

Local dial-up audio numbers: San Jose 1.669.900.6833 or Houston 1.346.248.7799.

# Lunch Choices Catered by Sunrise Bistro

## BOX LUNCHES

### Sandwich Box

Made with our Herbed or Whole Wheat Breads  
Includes Potato or Pasta Salad, Lemon Bar, Brownie  
or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA  
Tri Tip & Caramelized Onions - Cashew Chicken  
Salad - Tuna Salad - Egg Salad  
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,  
Beets, Cucumber, Tomato & Sprouts  
Roasted Veggie: Roasted Veggies with Tomato Basil  
Pesto Spread  
Vegan: Hummus, Avocado, Carrots, Beets,  
Cucumber, Tomato & Sprouts



### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or  
Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad  
(GF) - Chicken or Flaked Salmon Caesar's Goddess -  
Greek - Chicken & Roasted Vegetable (GF) -  
Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia  
Seed Pudding

\*\* Mariposa Gluten Free Bread

## SPECIALTY BOXES

### Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Sweet Potato, House Salsa, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red  
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,  
Herbed Lemon Tahini Dressing, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Roasted Sweet Potatoes, Fresh Fruit & Nuts



## District Conference

Monterey is getting ready to welcome us on October 28-30, 2022 - the high-season along the California coast - for our live and in-person District Conference celebrating The Power of Rotary. Our story. Our way. Working directly with hotel and visitor center staff, our District Conference Committee, lead by Colleen Knight (Brentwood) and Dave Dacus (Fairfield-Suisun), is working overtime to ensure an experience none of us will forget. New details and surprises are being added to our Conference website regularly. Check it out at [conference.rotary5160.org](https://conference.rotary5160.org). Other activities that have limited capacity include Thursday golf (\$140) and a special Friday night Hollywood themed party with stunning 270 degree views of the bay (\$25). Details are on the District Conference website.

- Regular Registration - \$225 through August 31, 2022
- Late Registration - \$250 September 1

Full-package pricing includes all the great speakers and sessions you've come to expect from a District conference.

## Coming meetings & events...

August 2: Dr. David Teece, Professor of Global Business

August 9: Chef Tim Shaw

food and wine pairing and sustainable cooking

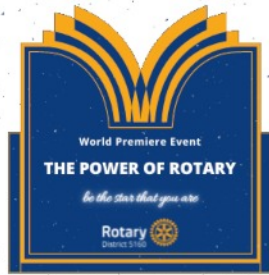
September 25: District Governor visit DV8

October 27-30: District Conference, Monterey

## Past copies of The Walnut Leaf

Past copies of the Walnut Leaf for President Gary's term can be found at:

<https://www.dropbox.com/sh/d6bdpnuoeqb8228/AACMe379qHQXkUvb7MCtmwega?dl=0>



## Club Officers

Immediate Past President  
**Peter Kohn**

Secretary  
**Marcia Gerg**

Attendance Secretary  
**Trudy Cumming**

Treasurer  
**John McClintic**

Sergeant at Arms  
**Trudy Cumming**

Bulletin Editor  
**Clint Collier**

Membership  
**Cathy Durfee**

### 2021-2023 Directors

**Prem Abraham**  
**Darren Kelly**  
**Alain Justilien**

### 2022-2024 Directors

**Jason Callan**  
**Jerry Benoit**  
**Lance Mendes**

## District Officers

Asst. Governor DV8  
**Dess Benedetto**

DEI Chairman  
**Milt Smith**

Sergeant at Arms  
**Layton Hansen**