## The Walnut Leaf

The Bulletin of the Rotary Club of Walnut Creek www.rotarywc.org



#### **International**

International President
Jennifer Jones
Canada
International President
Elect

Gordon R. McInally Scotland

#### District 5160

District Governor
Suzanne Bragdon
District Governor Elect
Claire Roberts

#### Walnut Creek Club 465

President
Gary Stein
President Elect
Gordon Fischer



#### Today's Meeting

Special 5:30pm meeting via Zoom only with

Suzzane Bragdon, District 5160 Governor.

Don't forget to sign up for the in person meeting with the Govenor this coming Sunday, the 25<sup>th</sup>, details on page 3!

#### **Community Service Day**

Our club has agreed to help with Community Service Day again this year. The date is **October 8, 2022** from 8:00am to 1:00pm. As last year, we will be helping with the collection of food items to benefit the **Food Bank of Contra Costa and Solano**. We have been asked to man seven collection stations at seven supermarkets in Walnut Creek. Member of our club will act as team leaders at each station and others, including friends and relative, are needed to fill out the teams. **Trudy Trinner** and **Jesse Smyers** have volunteered to act as Team Leaders at two stations, so we need five more club members to fill this roll.

For the remaining volunteer positions our club will have first dibs. We will need to get our names to the city before the positions are opened to the public, so please let Jesse know of your interest as soon as possible and... Save the Date!

#### **Foundation Meeting**

The Community Foundation Board of Trustees will meet this Thursday, September 22 at 5:30pm at Summit Bank (1701 N California Blvd) - a Zoom link is available as well. Contact Scott Wilson at 925.876.5480 or

swilsongobears@gmail.com for more details.



Members of the club continue to demonstrate their support for Rotary's commitment to end Polio world wide. Recognized with a Polio Warrior Award at the last meeting were John McClintic, pictured here with Trudy Cumming, the club's Polio Plus coordinator, along with Carl Manna, Adrian Mendes and Quent Alexander.

### A Little Rotary with your Coffee?

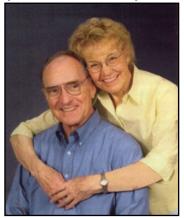
Jason Callan
Several years ago Carl
Manna started a "Coffee Talk" program
where Rotarians from our
club were matched up with each other
and encouraged to get to know one another on a one-on-one basis. You were
matched up with someone and you had
two weeks to find a time to get together

- often for a coffee or lunch, before you'd be matched up with the next Rotarian. It was a lot of fun and I got to know many of our fellow Rotarians this way.

As one of our club's fellowship chairs, I'd like to get this up and running again. Please let me know if you'd like to be a part of this program! My hope is to get a list of names, randomly assign partners and start rolling soon.

#### Goodbye Lu.

A number of our club's members gathered this past week at the services in remembrance of Lu Hughes who passed away at the start of this year.





# **OV-8**

## Joint Clubs

FEATURING
DISTRICT GOVERNOR SUZANNE BRAGDON
AND
ZONE DIRECTOR VICKI PULIZ

## Sunday September 25<sup>th</sup> Noon

District Governor's Welcome at 1:00pm



\$10 for Rotarians/Adults and \$5 for Rotaractors, Family and Friends

#### SIGN UP!

Advance sign-ups requested

Checks paid to your Rotary Club or the Rotary Club of Walnut Creek (Host Club)

Sponsorships available for \$100

Sponsors: Email you company logo or photo to dess.rotary@gmail.com (2021-2023 Assistant Governor for DV-8 Clubs)



#### Early Canine Alert Fund Raiser

#### Marcha Gerg

This is a fund raiser for a great organization that came to our meeting a month ago. Members who wish to support them can buy tickets for this event at their web site. Tickets are only \$75 per person for dinner and the comedy show.

#### **Live Meetings**

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farms Garden Center. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page

If you want to order a lunch, please email your order to **John McClintic** at <a href="mailto:jmcclintic@bamlaw.com">jmcclintic@bamlaw.com</a>
or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

#### Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the \$23 live meeting charge for diners.

"No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

#### **Zoom Meetings**

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdEQT09

Meeting ID: 844 1076 5063 Passcode: Rotary

Local dial-up audio numbers: San Jose 1.669.900.6833 or Houston 1.346.248.7799.

#### Lunch Choices Catered by Sunrise Bistro

#### **BOX LUNCHES**

#### Sandwich Box

Made with our Herbed or Whole Wheat Breads Includes Potato or Pasta Salad, Lemon Bar, Brownie or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA
Tri Tip & Caramelized Onions - Cashew Chicken
Salad - Tuna Salad - Egg Salad
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,
Beets, Cucumber, Tomato & Sprouts
Roasted Veggie: Roasted Veggies with Tomato Basil
Pesto Spread
Vegan: Hummus, Avocado, Carrots, Beets,
Cucumber, Tomato & Sprouts



#### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad (GF) - Chicken or Flaked Salmon Caesar's Goddess -Greek - Chicken & Roasted Vegetable (GF) -Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia Seed Pudding \*\* Mariposa Gluten Free Bread

#### SPECIALTY BOXES

#### Cindy's Special Box

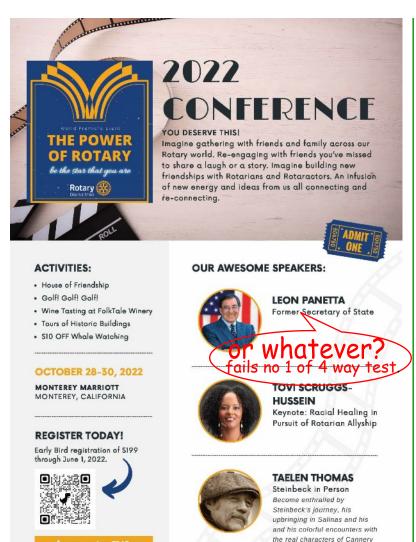
Grilled Mary's Chicken Breast, Roasted Vegetables, Sweet Potato, House Salsa, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

#### Tahini Lentil Bowl

Roasted Caulflower & Broccolini, Charred Red Onions, Lentils, Baby Chard & Kale, Toasted Seeds, Herbed Lemon Tahini Dressing, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

#### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables, Roasted Sweet Potatoes. Fresh Fruit & Nuts



#### Coming meetings & events...

September 25: District Governor visit DV8 October 27-30: District Conference, Monterey

#### **Club Officers**

Immediate Past President
Peter Kohn

Secretary **Marcia Gerg** 

Attendance Secretary **Trudy Cumming** 

Treasurer

John McClintic

Sergeant at Arms **Trudy Cumming** 

Bulletin Editor
Clint Collier

Membership Cathy Durfee

2021-2023 Directors

Prem Abraham
Darren Kelly
Vacant
2022-2024 Directors

Jason Callan Jerry Benoit Lance Mendes

#### **District Officers**

Asst. Governor DV8

Dess Benedetto

DEI Chairman
Milt Smith

Sergeant at Arms Layton Hansen

Row in Monterey.