

# The Walnut Leaf

*The Bulletin of the Rotary Club of Walnut Creek*  
[www.rotarywc.org](http://www.rotarywc.org)

**Rotary**



## **International**

International President

**Jennifer Jones**

Canada

International President

Elect

**Gordon R. McNally**

Scotland

## **District 5160**

District Governor

**Suzanne Bragdon**

District Governor Elect

**Claire Roberts**

## **Walnut Creek**

**Club 465**

President

**Gary Stein**

President Elect

**Gordon Fischer**

*Happy  
Thanksgiving*



## **Today's Meeting**

President **Gary Stein**. It is Foundation Month so **Scott Wilson** will be going over the Annual Report of the Foundation and **Gordon Fischer** will be reviewing Rotary International for the club.

## **A Little Rotary with your Coffee?**

**Jason Callan**

Several years ago **Carl Manna** started a "Coffee Talk" program where Rotarians from our club were matched up with each other and encouraged to get to know one another on a one-on-one basis. We have no restarted this program. You will be matched up with someone and you have two weeks to find a time to get together - often for a coffee or lunch, before you'll be matched up with the next Rotarian. It is a lot of fun and you get to know many of your fellow Rotarians this way. Please [let me know if you'd like to be a part of this program!](#)



## **Double Speed!**



Donations to the Paul Harris Fund now through the end of the year will be points matched by the club! Get to your next Paul Harris level twice as fast; \$100 = \$200, \$500 = \$1K and you are in! A Paul Harris donor! Not a Paul Harris level fund donor yet? Now you can be in time for Christmas! Don't miss this opportunity! But you've gotta be generous, the minimum donation is one Benjamin.

## The Turkey Toss is back!

Lance Mendes

This week there was a tie with two members making a winning toss. Who will win November 15<sup>th</sup>, our final game of Cornhole? For \$5 you get 4 bean bag tosses. Whoever makes the most tosses in the hole wins a \$25 gift certificate to Safeway.

Zoomers who would like to play, email or text me, Lance Mendes, before each meeting and we will toss the bean

bags for you. You can mail in your check to the club.

It is held before the beginning of the meeting from 12 to 12:25. All proceeds benefit the Rotary Club of Walnut Creek. Thanks for participating.



## And... the magic number?

Did you figure out the magic number in last week's issue **41235**? The secret is in how you read it. It's not forty one thousand, two hundred and thirty five; not four one two, three, five. It is read forty one to thirty five. The to, instead of two, is not a mistake, that is the magic! You see this is the final score of the USC/Cal game the week before as proud USC grad, **Clint Collier** explained at our last meeting. As is his tradition, **Clint** donated one dollar for every Cal point scored against "his" team... with the expectation, of course, that all of the proud Cal grads would do likewise: donate a buck for every point USC scored against them, thus making Rotary and our club the real winner of this game!

## Club Officers

Immediate Past President

**Peter Kohn**

Secretary

**Marcia Gerg**

Attendance Secretary

**Trudy Cumming**

Treasurer

**John McClintic**

Sergeant at Arms

**Trudy Cumming**

**Bulletin Editor**

**Clint Collier**

Membership

**Cathy Durfee**

2021-2023 Directors

**Prem Abraham**

**Darren Kelly**

**Trudy Trinner**

2022-2024 Directors

**Jason Callan**

**Jerry Benoit**

**Lance Mendes**

## District Officers

Asst. Governor DV8

**Dess Benedetto**

DEI Chairman

**Milt Smith**

Sergeant at Arms

**Layton Hansen**

# Ukraine Update

## From Rotarian Darren Kelly...

Below is another Facebook post by Viktoria Sybir, dated October 28, 2022, one of the Ukrainian exchange program participants who visited our club in Summer 2016. I have edited for length and obvious translation errors.

“One of the de-occupied villages of the Kherson Region. Before the Russians, one and a half thousand people lived here, now there are only a couple of hundred. Little by little, the locals are starting to return, trying to at least somehow prepare the broken houses for winter. We pull into the central street and watch for some time how neighbors, who have not seen each other for several months, are crying and hugging in line for humanitarian aid.

“Iryna herself approaches us and asks to tell the world a story about her classmate Valentin. He was, she says, the main breadwinner in the village – he arranged such holidays for everyone. He came from a very poor family, but he worked all his life and built a big house, all with his own hands. He didn’t drink at all during his life, he didn’t welcome it in others either, but all the time came up with something interesting – sometimes games for the whole village, sometimes masquerades, then something else. And his wife was incredibly beautiful. Then the occupiers once again got drunk and broke into their house, they wanted to rape her. Valentin tried to protect his wife – both were shot. Neighbors buried them in the garden that the man planted himself, next to the grave where he buried his old mother a week ago.

“Several neighbors, among them a former police guard, were taken somewhere for ten days, beaten so badly that they coughed up blood for a long time after they were returned. Still in rehabilitation.

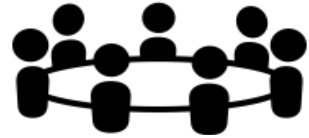
“Iryna’s house is almost destroyed, so she clears the rubble during the day and returns to Kryvyi Rih in the evening.

“She says that local people crossed the Ingulets River in both directions. From the occupied territory, people at their own peril and risk took the heavy dead by boat, and at

night our partisans made their way to the other side in the same way. That's why, she says, the Russians were afraid of the locals, because unlike the neighboring villages, collaborationism here was only in words – and even then for a short time. Our guys, she says, quickly explained to the fans of the Russian world what it was all about – and, smiling, clenches her fist.

Russians were surprised by the presence of asphalt on roads and carpets in houses. Iryna advised them to work instead of drinking so that they too would have the same problem, then one of the occupiers aimed a machine gun at her and said that she talks too much”





We are **DARK** next week!

## Coming meetings & events...

Nov 22: Dark for Thanksgiving.

Nov 29: Melissa Allen, RotaCare Concord

Dec 6: Gary Cavelli, League and Bowl co-founder on College Sports as a Business

Dec 13: Holiday Gathering with President Gary Stein

Dec 20: Dark

Dec 27: Dark

2023

Jan 17: Michele McKay-McCoy, Tales from the Courtroom Crypt.

March: Registration for District Conference April 26-28, 2024 in Sacramento opens

## Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page

If you want to order a lunch, please email your order to **John McClintic** at [jmcclintic@bamlaw.com](mailto:jmcclintic@bamlaw.com) or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

**Orders must be received no later than noon, Friday preceding the meeting.**

Your meal is included in the \$23 live meeting charge for diners.

"No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.



Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaiU0YXdeEQT09>

Meeting ID: 844 1076 5063 Passcode: Rotary

Local dial-up audio numbers: San Jose 1.669.900.6833 or Houston 1.346.248.7799.



# Lunch Choices Catered by Sunrise Bistro

## BOX LUNCHES

### Sandwich Box

Made with our Herbed or Whole Wheat Breads  
Includes Potato or Pasta Salad, Lemon Bar, Brownie  
or Chocolate Banana Bread (Chef's Choice)

#### Selections:

Turkey - Turkey & Cranberry - Ham - BLTA  
Tri Tip & Caramelized Onions - Cashew Chicken  
Salad - Tuna Salad - Egg Salad  
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,  
Beets, Cucumber, Tomato & Sprouts  
Roasted Veggie: Roasted Veggies with Tomato Basil  
Pesto Spread  
Vegan: Hummus, Avocado, Carrots, Beets,  
Cucumber, Tomato & Sprouts



### Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or  
Chocolate Chip Banana Bread (Chef's Choice)

#### Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad  
(GF) - Chicken or Flaked Salmon Caesar's Goddess -  
Greek - Chicken & Roasted Vegetable (GF) -  
Edamame & Avocado Quinoa (GF)



\*\* (GF) (Vegan) Includes Piece of Fresh Fruit & Chia  
Seed Pudding

\*\* Mariposa Gluten Free Bread

## SPECIALTY BOXES

### Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Sweet Potato, House Salsa, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red  
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,  
Herbed Lemon Tahini Dressing, Fresh Baked Roll,  
Brownie or Lemon Bar (Chef's Choice)

### Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,  
Roasted Sweet Potatoes, Fresh Fruit & Nuts