The Walnut Leaf

The Bulletin of the Rotary Club of Walnut Creek www.rotarywc.org

Rotary International

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District 5160

District Governor

Kathy Suvia

District Governor Elect

Suzanne Bragdon

Walnut Creek Club 465

President
Peter Kohn
President Elect
Gary Stein



Today's Meeting is LIVE!



District Governor **Kathy Suvia** on Polio status

Now meeting Live and on Zoom

For complete instructions for attending either live or by Zoom see Pages 7 & 8

Welcome new member



Nairobi Robinson (Nai)

Nai is a husband and father of 6 kids, all of whom till live at home. He and his wife ran a large day-care for the past 6 yrs. However, that business has been downsized so that Nai could make a career change to real estate. He received his real estate license in November 2020, and got his first sale 90 days later! He is now actively

building that business.

He enjoys helping others with what probably is the most expensive purchase they'll ever make. In addition to running my real estate business and raising 6 kids with his wife Valerie, he is also an active member of Grace Bible Church in Hayward. He came to

Rotary because "I want to join rotary to be even more involved in the community."

Carolina Alias-Hemphill has applied for membership.



I have been active in many non-profit volunteering events throughout the years and have enjoyed it tremendously. I look forward to be of service to

the Walnut Creek Rotary and use my prior experience to that end.

Carolina is a native of El Salvador, hnmigrated to the U.S. in 1980 as an exchange student and is bilingual. She graduated from San Francisco State University, with a BS in Business Administration. Is a Walnut Creek resident. married with 2 children and worked in the Banking industry for 35 years, of which 25+ years were in Commercial Banking. She is planning to retire at the end of this year. "I enjoy traveling and spending time with family. Also, I'm in the process of learning the game of golf. Community support has been a very important aspect of my working life. Most recently, I sat on the Advisory Council for Assistance League of Diablo Valley 2018-2021). Additionally, I have been supporting several other non-profit entities throughout my career, ncluding: Rosie the Riveter, Food Bank of Contra Costa, Loaves & Fishes and Meals and Wheels to name a few."

Her husband is Craig and she is sponsored by Cathy Durfee.

New Member!



At last week's meeting President Peter "swore in" and welcomed Bob Linscheid as our newest member. Welcome Bob!

October is Membership Month!

Bring a friend to a meeting and take home some great swag! Our District is designated the week of October 18th as Every Rotarian Bring a Guest week with a photo contest and prizes. You know our club. We're leaders. So we're doing one better than our district. For anyone who brings a guest to any of our October meetings, you will get some really awesome Rotary swag. Bring someone to each meeting in October!

Countdown to History

With your help, we can end Polio Rotary's 2020 International Polio Day will be an online event. This will include a Global Update on October 24, 2021. It



will be hailing this past year's historic achievement in polio eradication. Polio eradication is a collective effort belonging to all of us. Challenges of this past year with the

Covid Pandemic, issues with areas of the world in conflict and how we are moving into the future with the fight against polio.

Join Rotary with the online celebration of our quest to make polio a thing of the past. Mark your calendar for Saturday, October 24th. Log into your Rotary International Facebook Page for info.

Walnut Creek Rotary getting a Sister Club in India!



This past week our club and the Rotary Club of Madras signed an agreement to become Rotary International Sister Clubs that "mutually agree as they hereby agree [sic] to become sister clubs and that

every effort will be made to strengthen the ties of mutual understanding, fellowship and brotherhood, to help promote the general welfare of the members of both clubs and to contribute whenever possible to the furtherance of world peace and understanding." Rotary Sister Club arrangements are issued for a term of three years after which they must be renewed.

At last week's meeting Prem Abraham presented one of their banners to President Peter.

The Rotary club of Madras is the third oldest Rotary club in India after the Rotary clubs of Calcutta and Bombay. The club was chartered on July 19, 1929 and thus on the 93rd year of existence.

The Rotary club of Madras is the first Rotary club in the whole of Southern India, which today has 2112 Rotary clubs, which is almost 50% of the total clubs in India. The club has many ongoing projects like the Boys Town, which is on a 35 acre land north



of the city of Chennai, owned by the club, where it houses, feeds, cloths and educates about 120 boys between the age groups of 11 and 16, belonging to the destitute kind and the economically weaker sections of the society.

ongoing project, started in 1944, is the adoption of a community in Chennai, called ROTARY NAGAR, which the club started work in 1944.

Recently of course the club is engaged



heavily in many Covid related activities, like providing Reefer trucks, four of them to carry vaccinations, refrigerators, ice-cold boxes etc.

We have also provided the Government with an all inclusive mobile vaccination truck that has not only the Cold storage to carry vaccinations, bit also has a doctor and paramedics



to vaccinate people at their door step.

Fellowship Gathering.

Club member and President elect **Gary Stein** is hosting a fellowship gathering on Saturday October 23 at 3:00pm at his home at 3723 Rancho Estates Court.

He has promised prominent speakers, live entertainment, a lot of great food and enough alcohol that you will welcome President Peter's speech. The event is \$60 per person and is limited to the first 60 people to RSVP to Gary at gstein100@aol.com. The event is planned as an outside event to reduce the opportunity for SARS-CoV-2 being an

unwelcome guest but replying guests should certify that they are vaccinated per current CCC guidelines and requirements.

Volunteer Opportunity from Marcia Gerg

At yesterday's meeting I announced that the Women's Cancer Resource Center was having their annual fundraiser -"Swim A Mile/Move a Mile" at Mills College in Oakland.

The volunteer positions still available are as follows:

- Kitchen Support:
- Slice, chop & prep food
- fill & carry pitchers
- wash dishes
- keep buffet table clean & stocked
- serve food (no self service food).

When: Saturday October 2 from 8:30 AM to 12:15PM or 11:45 AM to 3:45 PM

Lap Counters:

• Saturday: 8:30-10:30 (3 needed)

• Saturday:10:15-12:45 (14 needed)

• Saturday: 12- (7 needed)

• Saturday: 1:45-3:45 (8 needed)

• Sunday: 8:30-10:30 (8 needed)

• Sunday: 1:45-3:45 (8 needed)

For everyone's safety, All COVID-19 safety protocols will be followed, including distancing and masking.

This is a wonderful opportunity to turn out for our community.

Walnut Creek Community Food Drive October 9, 22021

On Saturday, October 9, the City of Walnut Creek is once again conducting its annual Community Service Day. Various projects will happen throughout the city in addition to the Community Food Drive to benefit the Food Bank.

Crew Leaders

We have 14 people signed up for the crew leader positions. They are as follows, including the information requested for location or shift. Please check to see that your info is correct.

Name	location	shift	email
Trudy Triner	Countrywood Safeway	2	trudy.triner@gmail.com
Kevin Crandel	Countrywood Safeway	1	k.crandell@comcast.net
Jason Callan	Downtown Safeway - Broadway	1	jasonc.rotary@gmail.com
Milt Smith	Downtown Safeway - Broadway	2	miltsmith549@gmail.com
Jesse Smyers	Lunardi's	2	jesse.smyers@comcast.net
Ron Wetter	Lunardi's	1	rontrendscan@gmail.com
John Fenoglio	Whole Foods downtown	2	jfenoglio87@gmail.com
Tony Pasol	Whole Foods downtown	1	stpasol@gmail.com
Jerry Benoit	Whole Foods Ygnacio Valley	1	gsb94598@gmail.com
Prem Abraham	Whole Foods Ygnacio Valley	2	premgabraham@comcast.net
Cathy Durfee	Ygnacio Valley Nob Hill Citrus Center	1	cathydurfee@yahoo.com
Scott Wilson	Ygnacio Valley Nob Hill Citrus Center	2	swilsongobears@gmail.com
Layton Hansen	Ygnacio Valley Orchards Safeway	2	wcpmlah@aol.com
Peter Kohn	Ygnacio Valley Orchards Safeway	1	pkohninsurance@gmail.com

Shift 1 - 8 to 11 AM Shift 2 -11 AM to 2 PM

Note: the above list includes all the locations with the exception of the Rossmoor Safway which is being staffed by the Walnut Creek Sunrise Rotary Club

Volunteer sign-ups:

The information below is essentially the same as the last update (9-13-21). The important thing is to move forward with team sign-ups. As an individual Rotarian, if you have a preference for a specific time and location, please contact that Crew Leader to discuss your desire to be part of that team.

The event chairs (Diane Crowley and Cindy Silva) promised that we will be able to sign up for helper positions before the general public. However, late last week the city opened up the public sign-ups. I spoke to Diane Crowley. She told me not to worry about it. We will get the helper positions that we want, but we still need to do our sign-ups as soon as possible.

Please organize your teams as soon as possible and use the following link for signup:

Walnut Creek Community Service Day

This is a bit confusing as it is possible for you to go to signup your team or even yourself as an individual and not be able to do so because all the slots seem to be filled. If that happens, please send me the information on your team and I will submit directly to Diane Crowley. She says that there are more volunteers needed than show on the above link. There appear to be various reasons for that including needing to split the volunteers between two entrances and just being quite busy. It is not clear why it is setup this way.

Contact for information and sign up

We will attempt to keep you up to date on any changes as they happen. For further information, contact **Bruce Johnson** brucej620@outlook.com or 925-457-8727.

I will be out of town from September 16 through September 28. I will check email regularly, but, if necessary, **Jesse Smyers** will be available as backup. Thanks, **Jesse!**

Let's see all those "Rotarian at Work" shirts!!



Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farms Garden Center. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page

If you want to order a lunch, please email your order to **John McClintic** at jmcclintic@bamlaw.com

or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

Orders must be received no later than noon, Friday September 17th.

Your meal is included in the \$23 live meeting charge for diners.

"No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.

Zoom Meetings

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

https://us02web.zoom.us/j/3315080026

Meeting ID: 331 508 0026 Local dial-up audio numbers: San Jose 1.669.900.9128 or Houston 1.346.248.7799.



Join the Fun...Happy Hour

Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another week. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Want to join us? All you have to do is show up. Next meeting of the group is Thursday, September 30^{th.}

Lunch Choices Catered by Sunrise Bistro

BOX LUNCHES

Sandwich Box

Made with our Herbed or Whole Wheat Breads Includes Potato or Pasta Salad, Lemon Bar, Brownie or Chocolate Banana Bread (Chef's Choice)

Selections:

Turkey - Turkey & Cranberry - Ham - BLTA
Tri Tip & Caramelized Onions - Cashew Chicken
Salad - Tuna Salad - Egg Salad
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,
Beets, Cucumber, Tomato & Sprouts
Roasted Veggie: Roasted Veggies with Tomato Basil
Pesto Spread
Vegan: Hummus, Avocado, Carrots, Beets,
Cucumber, Tomato & Sprouts



Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or Chocolate Chip Banana Bread (Chef's Choice)

Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad (GF) - Chicken or Flaked Salmon Caesar's Goddess -Greek - Chicken & Roasted Vegetable (GF) -Edamame & Avocado Quinoa (GF)



** (GF) (Vegan) Includes Piece of Fresh Fruit & Chia Seed Pudding ** Mariposa Gluten Free Bread

SPECIALTY BOXES

Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables, Sweet Potato, House Salsa, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

Tahini Lentil Bowl

Roasted Caulflower & Broccolini, Charred Red Onions, Lentils, Baby Chard & Kale, Toasted Seeds, Herbed Lemon Tahini Dressing, Fresh Baked Roll, Brownie or Lemon Bar (Chef's Choice)

Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables, Roasted Sweet Potatoes, Fresh Fruit & Nuts

Register NOW for District Conference District 5160 Goes Back to the Future Oct 29-31, 2021



How does family-friendly weekend to getaway beautiful resort sound after our pandemic isolation? Well. vou're invited!! For the first time in over two years, 5160 District Rotarians will

gather IN-PERSON for Rotary fun and inspiration at our District Conference.

As the incoming District Governor on July 1, I've heard from so many of you requesting we return to a fall conference. And we've been missing each other so much! What better time to hold the 2021-2022 District Conference than in beautiful October -- and in the stunning Olympic Valley in the North Tahoe region to boot? Please join me Halloween weekend at The Resort at Squaw Creek for the 2021-2022 District 5160 annual conference! I promise to get you home in plenty of time for your Halloween evening activities. Full information and registration... Click Here!

For Rotarians and guests at our conference, we are requiring proof of vaccination or a negative Covid test within 48 hours. Masks are required when indoors, except while actively eating or drinking.

Kathy Suvia District Governor 2021-22

Coming meetings & events...

September 30: Happy hour at Bay Club, 5:00pm October 9: WC Community Service Food Drive

October 23: Fellowship Gathering October 24: World Polio Day

October 29-31 District Conference

Club Officers

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