



Rotary Club Of Walnut Creek  
 P.O. Box 4191  
 Walnut Creek, CA 94596

### Upcoming Events

**Walnut Festival, September 24<sup>th</sup> to 27<sup>th</sup>.** Club members will work the Baskin-Robbins ice cream booth at this annual civic event.

**Marine World Day September 19, 1998:** Volunteers are needed to join **Al Sevilla**, and **Bob Johnston** with this project.

**Yosemite Trip** Mark your calendars for October 2, 3, and 4 for our annual Club weekend in Yosemite. Private housing is being arranged for this year's experience. **Space is limited to first 25 couples. Sign up NOW.**

**October 10<sup>th</sup>.** The annual "I House" agricultural tour and dinner is scheduled for October 10<sup>th</sup>.

### Upcoming Programs

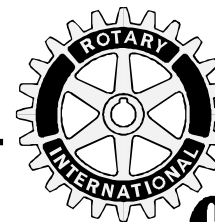
- \* **Tuesday, Sept. 8:** Therapy Pets
- \* **Tuesday, September 15** is our annual visit to John Muir Hospital. Guided tour meets at 11am in the Main Lobby. Lunch is at Noon in the Ball Auditorium, left of the Main Lobby. Guest speaker will be Dr. John Krause, an "invasive cardiologist" but surely a nice one. Sign up with **Marv Epstein**.
- \* **Tuesday, Sept. 22:** State Disability
- \* **Tuesday, Sept. 29:** Motor Voter and Other Election Issues

### Today's Bulletin Underwritten By:

**Wesdorf Alternative Care**

<b>SPIRIT BODY MIND</b>	<b>JAN L. WESDORF, D.C.</b> Doctor of Chiropractic
200 Gregory Lane Ste B-1 Pleasant Hill, CA 94523	tel: 925-827-2300 fax: 925-676-9075

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# The Walnut Leaf

**ROTARY CLUB OF WALNUT CREEK**

Tuesday, September 8, 1998      Volume 67      Number 10

### This Week's Worker Bees

Presiding .....Russ Anderson Team Captain .....Mark Sanford Speaker Intro.....Claudine Fletcher Thought/Pledge.....Mark Sanford Visitors Intro:.....Fletcher Tyler Bulletin Editor.....John McClintic	Next Bulletin Editor.....John McClintic Set-Up / Take-Down.....Fred Scheffler Song Leader.....Doug Goodrich Birthdays.....Mark Hull Roving Microphone.....Fletcher Tyler Bulletin Publisher.....Hari Boukis
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### TODAY'S PROGRAM

## THERAPY PETS

**Needed: Sponsors for this bulletin.**

**Your business info. printed on back!**

Visit Us On The Web at: [www.walnut-creek.rotary5160.org](http://www.walnut-creek.rotary5160.org)

**CLUB NO. 4191  
 ROTARY  
 INTERNATIONAL  
 DISTRICT 5160**

Chartered April 7, 1937

**James L. Lacy**  
 International President

**Follow Your  
 Rotary Dream**

**Paul Fisher**  
 District Governor

**William Spalding**  
 District Governor  
 Nominee

**Joseph Goralka**  
 District Representative

**Russ Anderson**  
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**Earl Wightman**  
 President-Elect

**James Campana**  
 Immediate  
 Past President

**Sal Flavetta**  
 Secretary

**Quentin Alexander**  
 Attendance Secretary

**Bill Hourlhan**  
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**Tom Noble**  
 Sergeant at Arms

**Fred Scheffler**  
 Cogmaster

Directors  
 1997-1999  
**John Gardner**  
**Mark Sanford**  
**Tom Grimm**  
 1998-2000  
**John Roberts**  
**Ken Wirtel**  
**Bruce Cockerham**

## MEETING NOTES

**Last Week:** Mace and how to use it.

Former law enforcement officer and consultant Herman Bellar introduced us to personal security devices. "Mace" is only one of many available products. Developed in the 1960's for riot control, and derived from tear-gas products introduced in the 1870's, mace has been replaced by more modern products. Civilians were allowed to carry these products with a permit in the 70's. Permit requirements are more relaxed now, with most jurisdictions not regulating usage at all. There have been few problems reported by law enforcement agencies. All of these products use some variation of solid particles suspended in a liquid solution and delivered by an aerosol spray container. The newer products have large particles which disperse quicker and more localized in their effects. Benefits are: non-lethal (with some rare exceptions), easy to carry, easy to use, highly effective. If you do carry these products, you should keep them out and in your hand ready for use. They are worthless in your pocket or purse. Get some training and practice, too, so you know what to do if you get some of the product on you during an attack. Usually effects go away within a half-hour to hour or so, and can be minimized by flushing affected areas with large amounts of water. The products cause involuntary closing of your eyelids so you may have to physically hold your lids open to see if ex-

posed.

### Immunizations and Recognitions

**Ken Anderson** for a new car, a trip to Europe, and a new luxury home on Mockingbird Hill. Ken took immunity and paid a surcharge, too.

**John Hallbauer** for a new 36' Bayliner boat.

**Al Sevilla** made a Paul Harris contribution thanks to his wife's \$741 savings on a new coat purchase reported in the local newspaper.

**Jim Campana** for a recent vacation and a new car. **Jim** donated to the Walnut Creek Rotary Community Foundation endowment fund.

**Stan White** paid up in recognition of a terrific, and bargain trip to elder hostel in Santa Fe, New Mexico.

### Announcements

**Thanks to Special Olympics volunteers Fred Scheffler, Earl Wightman, Georgia Ward, Dick Mortensen, Heinz Hoffman, Rick Harding, and Russ Anderson** for their hard work at the softball tournament last weekend.

**Get 'me Free and Stick 'em!! "Goodbye Polio; Thank you, Rotary"** bumper stick-

ers are available for free. See Prez Russ.

**Bill Schmicker and Bob Johnston** remind us to sell (or pay for) our raffle tickets for the Marine World Day Rotary Foundation fundraiser. Buy/sell raffle tickets (\$10 each). Prizes include trips to exotic locations (Tokyo, Hawaii, Switzerland, England, Alaska, Cozumel). Your collections also are applied to your Paul Harris Sustaining Membership. **Turn in your money and completed raffle ticket stubs to Sal Flavetta NOW!**

**Silent Auction Catalogs** for the Rotary Foundation fundraiser are available. Submit your sealed bid to be opened at the conclusion of the in-person auction at the event.

**Bridge Player Wanted.** See **Fred Schefler** 944-5562 if you are interested in joining a local Rotary bridge group which plays once a month.

### Financial Highlights from the Treasurer

**Bill Hourihan** provided a summary of Club and Community Foundation civic and charitable contributions disbursed during the last Rotary year: District 5160 projects (\$6000), Lindsey Museum computer equipment (\$2,662), Camp Royale and Camp Venture (\$1,700), Meals on Wheels van (\$1,500), Diablo Valley YMCA (\$1,000), Special Olympics softball tournament (\$600), SPCA hearing dog program (\$500),

Contra Costa food bank (\$500), Northgate High School (\$475), Diablo Valley Assistance League (\$385), Las Lomas High School (\$250), Rose Bowl float (\$150), Williams Rotary Club (new club startup)(\$100), Las Lomas scholarships (\$1,000).

### New Bulletin Publishing Schedule

**Our new publishing deadline is Wednesday night!!** You can phone, fax, or e-mail your bulletin announcements to **John McClintic** by 9:00pm Wednesday night to be included. Call John at 930-7352 to make the necessary fax or e-mail arrangements, or just leave a message on the answering machine.

**We need advertising sponsors to underwrite the cost of mailing the bulletins.** To get your \$25 business or personal ad in upcoming editions, please contact **Hari Boukis** 939-1111.

### Upcoming Meetings:

**Club Board Meeting, 6:00pm, Tuesday night, September 8** at Walnut Creek Police Department.