Today’s Meeting is LIVE!
Crystal Hapgood on Palliative Care

Now meeting Live and on Zoom
For complete instructions for attending either live or by Zoom see Pages 5 & 6

SATURDAY, OCTOBER 10

Community Food Drive

See Pages 3 & 4 for Details

WORLD POLIO DAY
IS 24 OCTOBER
endpolio.org | #endpolio

See Page 2 for details.
Nairobi Robinson (Nai) has applied for membership. Nai is a husband and father of 6 kids, all of whom till live at home. He and his wife ran a large daycare for the past 6 yrs. However, that business has been downsized so that Nai could make a career change to real estate. He received his real estate license in November 2020, and got his first sale 90 days later! He is now actively building that business.

He enjoys helping others with what probably is the most expensive purchase they'll ever make. In addition to running my real estate business and raising 6 kids with his wife Valerie, he is also an active member of Grace Bible Church in Hayward. He came to Rotary because "I want to join rotary is to be even more involved in the community."

October is Membership Month! Bring a friend to a meeting and take home some great swag! Our District is designated the week of October 18th as Every Rotarian Bring a Guest week with a photo contest and prizes. You know our club. We’re leaders. So we’re doing one better than our district. For anyone who brings a guest to any of our October meetings, you will get some really awe-some Rotary swag. Bring someone to each meeting in October!

Countdown to History
With your help, we can end Polio Rotary’s 2020 International Polio Day will be an online event. This will include a Global Update on October 24, 2021. It will be hailing this past year’s historic achievement in polio eradication. Polio eradication is a collective effort belonging to all of us. Challenges of this past year with the Covid Pandemic, issues with areas of the world in conflict and how we are moving into the future with the fight against polio.

Join Rotary with the online celebration of our quest to make polio a thing of the past. Mark your calendar for Saturday, October 24th. Log into your Rotary International Facebook Page for info.
Walnut Creek Community Food Drive October 9, 2021

On Saturday, October 9, the City of Walnut Creek is once again conducting its annual Community Service Day. Various projects will happen throughout the city in addition to the Community Food Drive to benefit the Food Bank.

Crew Leaders
We have 14 people signed up for the crew leader positions. They are as follows, including the information requested for location or shift. Please check to see that your info is correct.

<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Shift</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trudy Triner</td>
<td>Countrywood Safeway</td>
<td>2</td>
<td><a href="mailto:trudy.triner@gmail.com">trudy.triner@gmail.com</a></td>
</tr>
<tr>
<td>Kevin Crandel</td>
<td>Countrywood Safeway</td>
<td>1</td>
<td><a href="mailto:k.crandell@comcast.net">k.crandell@comcast.net</a></td>
</tr>
<tr>
<td>Jason Callan</td>
<td>Downtown Safeway - Broadway</td>
<td>1</td>
<td><a href="mailto:jasonc.rotary@gmail.com">jasonc.rotary@gmail.com</a></td>
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<tr>
<td>Milt Smith</td>
<td>Downtown Safeway - Broadway</td>
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<tr>
<td>Jesse Smyers</td>
<td>Lunardi's</td>
<td>2</td>
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<tr>
<td>Ron Wetter</td>
<td>Lunardi's</td>
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<tr>
<td>John Fenoglio</td>
<td>Whole Foods downtown</td>
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<td><a href="mailto:jfenoglio87@gmail.com">jfenoglio87@gmail.com</a></td>
</tr>
<tr>
<td>Tony Pasol</td>
<td>Whole Foods downtown</td>
<td>1</td>
<td><a href="mailto:stpasol@gmail.com">stpasol@gmail.com</a></td>
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<tr>
<td>Jerry Benoit</td>
<td>Whole Foods Ygnacio Valley</td>
<td>1</td>
<td><a href="mailto:gsb94598@gmail.com">gsb94598@gmail.com</a></td>
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<tr>
<td>Prem Abraham</td>
<td>Whole Foods Ygnacio Valley</td>
<td>2</td>
<td><a href="mailto:abrahamjumez@gmail.com">abrahamjumez@gmail.com</a></td>
</tr>
<tr>
<td>Cathy Durfee</td>
<td>Ygnacio Valley Nob Hill Citrus Center</td>
<td>1</td>
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<tr>
<td>Scott Wilson</td>
<td>Ygnacio Valley Nob Hill Citrus Center</td>
<td>2</td>
<td><a href="mailto:swilsongobears@gmail.com">swilsongobears@gmail.com</a></td>
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<tr>
<td>Layton Hansen</td>
<td>Ygnacio Valley Orchards Safeway</td>
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<tr>
<td>Peter Kohn</td>
<td>Ygnacio Valley Orchards Safeway</td>
<td>1</td>
<td><a href="mailto:pkohninsurance@gmail.com">pkohninsurance@gmail.com</a></td>
</tr>
</tbody>
</table>

Shift 1 - 8 to 11 AM     Shift 2 -11 AM to 2 PM

Note: the above list includes all the locations with the exception of the Rossmoor Safeway which is being staffed by the Walnut Creek Sunrise Rotary Club

Volunteer sign-ups:
The information below is essentially the same as the last update (9-13-21). The important thing is to move forward with team sign-ups. As an individual Rotarian, if you have a preference for a specific time and location, please contact that Crew Leader to discuss your desire to be part of that team.
The event chairs (Diane Crowley and Cindy Silva) promised that we will be able to sign up for helper positions before the general public. However, late last week the city opened up the public sign-ups. I spoke to Diane Crowley. She told me not to worry about it. We will get the helper positions that we want, but we still need to do our sign-ups as soon as possible.

Please organize your teams as soon as possible and use the following link for signup:

**Walnut Creek Community Service Day**

This is a bit confusing as it is possible for you to go to signup your team or even yourself as an individual and not be able to do so because all the slots seem to be filled. If that happens, please send me the information on your team and I will submit directly to Diane Crowley. She says that there are more volunteers needed than show on the above link. There appear to be various reasons for that including needing to split the volunteers between two entrances and just being quite busy. It is not clear why it is setup this way.

**Contact for information and sign up**

We will attempt to keep you up to date on any changes as they happen. For further information, contact **Bruce Johnson** brucej620@outlook.com or 925-457-8727.

I will be out of town from September 16 through September 28. I will check email regularly, but, if necessary, **Jesse Smyers** will be available as backup. Thanks, **Jesse**!

Let’s see all those “Rotarian at Work” shirts!!

[Image of a Rotarian at Work event]

**Volume 90 Number 12**

Tuesday September 21st 2021
Live Meetings
Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farms Garden Center. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page
If you want to order a lunch, please email your order to John McClintic at jmcclintic@bamlaw.com or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

Orders must be received no later than noon, Friday September 17th.
Your meal is included in the $23 live meeting charge for diners.
"No-shows" will be charged the full $23.
The meeting charge for non-diners attending live is $10.

Zoom Meetings
Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

https://us02web.zoom.us/j/3315080026
Meeting ID: 331 508 0026
Local dial-up audio numbers:
San Jose 1.669.900.9128 or
Houston 1.346.248.7799.

Join the Fun...Happy Hour
Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another week. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!
Want to join us? All you have to do is show up. Next meeting of the group is Thursday, September 30th.
BOX LUNCHES

Sandwich Box
Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie
or Chocolate Banana Bread (Chef's Choice)

Selections:
Turkey - Turkey & Cranberry - Ham - BLT
Tri Tip & Caramelized Onions - Cashew Chicken
Salad - Tuna Salad - Egg Salad
Vegetarian: Herbed Cream Cheese, Avocado, Carrots,
Beets, Cucumber, Tomato & Sprouts
Roasted Veggie: Roasted Veggies with Tomato Basil
Pesto Spread
Vegan: Hummus, Avocado, Carrots, Beets,
Cucumber, Tomato & Sprouts

Salad Boxes
Include Fresh Roll, Butter, Lemon Bar, Brownie or
Chocolate Chip Banana Bread (Chef's Choice)

Selections:
Cobb (GF) - Thai Chicken, Cashew Chicken Salad
(GF) - Chicken or Flaked Salmon Caesar's Goddess -
Greek - Chicken & Roasted Vegetable (GF) -
Edamame & Avocado Quinoa (GF)

** (GF) (Vegan) Includes Piece of Fresh Fruit & Chia
Seed Pudding
** Mariposa Gluten Free Bread

SPECIALTY BOXES

Cindy's Special Box
Grilled Mary's Chicken Breast, Roasted Vegetables,
Sweet Potato, House Salsa, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Tahini Lentil Bowl
Roasted Cauliflower & Broccolini, Charred Red
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,
Herbed Lemon Tahini Dressing, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Paleo Box (GF)
Grilled Mary's Chicken Breast, Roasted Vegetables,
Roasted Sweet Potatoes, Fresh Fruit & Nuts
Register NOW for District Conference
District 5160 Goes Back to the Future
Oct 29-31, 2021

How does a family-friendly weekend getaway to a beautiful resort sound after our pandemic isolation? Well, you're invited!! For the first time in over two years, District 5160 Rotarians will gather IN-PERSON for Rotary fun and inspiration at our District Conference.

As the incoming District Governor on July 1, I've heard from so many of you requesting we return to a fall conference. And we've been missing each other so much! What better time to hold the 2021-2022 District Conference than in beautiful October -- and in the stunning Olympic Valley in the North Tahoe region to boot? Please join me Halloween weekend at The Resort at Squaw Creek for the 2021-2022 District 5160 annual conference! I promise to get you home in plenty of time for your Halloween evening activities. Full information and registration… Click Here!

Kathy Suvia
District Governor 2021-22

Club Officers
Immediate Past President
Cathy Durfee
Secretary
Marcia Gerg
Attendance Secretary
Trudy Cumming
Treasurer
John McClintic
Sergeant at Arms
Jonathan Bishop
Bulletin Editor
Clint Collier
Membership
Jerry Benoit
Cathy Durfee

2020-2022 Directors
Kevin Crandell
Anthony Ivanich
Jennifer Stowell

2021-2023 Directors
Prem Abraham
Darren Kelley
Alain Justilien

Coming meetings & events...
September 28: Dist Gov Kathy Suvia on Polio status
September 30: Happy hour at Bay Club, 5:00pm
October 9: WC Community Service Food Drive
October 24: World Polio Day
October 29-31 District Conference

District Officers
Asst. Governor DV8
Dess Benedetto
DEI Chairman
Milt Smith
Sergeant at Arms
Layton Hansen