Today’s Meeting
Dan Beck USN: honoring our vets
Scott Wilson: Community Foundation Report

Do you have our Holiday Party...
..on your calendar yet? The date is December 12th, the place Heather Farms Lakeside Room. Stay tuned for details.

Consider Volunteering.
Carolina Alas-Hemphill
We have a volunteering event coming up on Wednesday November 29th at 9:00 am with Assistance League of Diablo Valley.
We would be part of a team of volunteers assembling 500 food boxes. The food boxes supplement end-of-the month food needs of families that are participating in the CalWorks, Medi Cal or Food stamps/Cal Fresh program. I'm looking for 12 volunteers to join me. Please let me know if this something you can do.

Join the Fun...Happy Hour
Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)! Contact Darin Kelly for details and to see if this is a meeting week.
Coming Meetings & Events...
November 21: Dark…
   Happy Thanksgiving
November 28: Jon Haverman, PhD
   National Economic Delegation
   Federal Debt
November 29: Assistance League!
   Volunteer Day.
December 5: Mark Roberts
   Rotary District Foundation Chair
   Foundation Update
December 12: Club Holiday Party
December 19: Taylor Foxworthy
   Organizing and Decluttering Tips
December 26: Dark
January 2, 2024: Dark

Do you RECOGNIZE this fish?
Do you RECOGNIZE this fisherman?
Stay tuned to find out if anybody recognizes this picture! Truly a fish Paul Harris would be proud of!
Other Club Officers
Immediate Past President
Gary Stein
Secretary
Marcia Gerg
Rotary International Secretary
Layton Hansen
Attendance Secretary
Polio Plus Warrior
Trudy Cumming
Treasurer
John McClintic
Sergeant at Arms
Trudy Cumming
Bulletin Editor
Clint Collier
Membership
Cathy Durfee
Trudy Trinner
Community Outreach
Trudy Trinner
Club Hospitality
Darren Kelly
Audio Visual
Clint Collier
Tony Pasol
Fellowship
Jason Callan
Speaker Committee
Carolina Alas-Hemphill
Matt Guichard
Prem Abraham
Peter Kohn
2021-2023 Directors
Prem Abraham
Darren Kelly
Trudy Trinner
2022-2024 Directors
Jason Callan
Jerry Benoit
Lance Mendes
District Officers
DV8 Asst Governor
Cathy Durfee

November’s Team!
Marty Larsen (Leader)
Jason Callen
Ted Ford
Prem Abraham
Carolina Hemphill
Dess Benedetto
Quent Alexander
April Sun
Hari Boukis

Live Meetings
Members have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page If you want to order a lunch, please email your order to: John McClintic at jmcclintic@bamlaw.com or leave voicemail at 925.256.8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included. Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the $23 live meeting charge for diners. "No-shows" will be charged the full $23. The meeting charge for non-diners attending live is $10.

Want to join us by Zoom? The Zoom session starts at 12:00pm so members can gather and chat before the meeting officially opens at 12:30pm.
https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdEQT09
Meeting ID: 939 5921 4209 Passcode: WCRotary

Tuesday November 14, 2023 Volume 92 Number 19
Next week - Lunch Choices  
Catered by Sunrise Bistro

BOX LUNCHES

Sandwich Box
Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie or Chocolate Banana Bread (Chef’s Choice)

Selections:
- Turkey - Turkey & Cranberry - Ham - BLTA
- Tri Tip & Caramelized Onions - Cashew Chicken Salad
- Tuna Salad - Egg Salad

Vegetarian: Herbed Cream Cheese, Avocado, Beets, Cucumber, Tomato & Sprouts
Roasted Veggie: Roasted Veggies with Tomato & Pesto Spread
Vegan: Hummus, Avocado, Cucumber, Tomato

Salad Boxes
Include Fresh Roll, Butter, Lemon Bar, Brownie or Chocolate Chip Banana Bread (Chef’s Choice)

Selections:
- Cobb (GF) - Thai Chicken, Cashew Chicken Salad
- (GF) - Chicken or Flaked Salmon Caesar’s Goddess - Greek - Chicken & Roasted Vegetables, Edamame

SPECIALTY BOXES

Cindy’s Special Box
Grilled Mary’s Chicken Breast, Roasted Vegetables, Sweet Potato, House Salsa, Fresh Baked Roll, Brownie or Lemon Bar (Chef’s Choice)

Tahini Lentil Bowl
Roasted Cauliflower & Broccolini, Charred Red Onions, Lentils, Baby Chard & Kale, Toasted Seeds, Herbed Lemon Tahini Dressing, Fresh Baked Roll, Brownie or Lemon Bar (Chef’s Choice)

Paleo Box (GF)
Grilled Mary’s Chicken Breast, Roasted Vegetables, Roasted Sweet Potatoes, Fresh Fruit & Nuts