Today’s Meeting
Welcome to our new “digs”. As you know, we are now meeting at the Lakeshore room after the flood in our normal meeting location, The garden center.

Walnut Creek Community Service Day
October 8
Our club has agreed to help with Community Service Day again this year. The date is October 8, 2022, from 8:30am to noon. As last year, we are helping with the collection of food items to benefit the Food Bank of Contra Costa and Solano. We have been asked to man seven collection stations at seven supermarkets in Walnut Creek. We now have 8 volunteers, and all seven locations are covered by at least one Rotarian. There are openings for additional volunteers but the best way to save a spot is to go to the Community Service Day website and sign up. Search : Walnut Creek Community Service Day.

A Little Rotary with your Coffee?
Jason Callan
Several years ago Carl Manna started a "Coffee Talk" program where Rotarians from our club were matched up with each other and encouraged to get to know one another on a one-on-one basis. You were matched up with someone and you had two weeks to find a time to get together - often for a coffee or lunch, before you'd be matched up with the next Rotarian. It was a lot of fun and I got to know many of our fellow Rotarians this way.
As one of our club's fellowship chairs, I'd like to get this up and running again. Please let me know if you'd like to be a part of this program! My hope is to get a list of names, randomly assign partners and start rolling soon.

**LN4 going strong**
Bob Romero
Just for you to know, Ecuador continues with our LN4/Rotary projects, also we are having meetings with 3 cities in Brazil.

**Our First Saturday NFL board**
was a big success… for some people more than others…

- The 58 total squares sold brought in $290, with total possible prizes of $145.
- **Cathy Durfee** had the correct first quarter score (Tampa Bay 6, Dallas 3), winning $29
- No one had the correct half time score, so $29 of the prize pot goes to the Club.
- **Pres Gary** is the big individual winner with the correct third quarter (Tampa Bay 12, Dallas 3), and the correct fourth quarter and final scores (Tampa Bay 19, Dallas 3), winning $87.
- Thanks to all participants for helping the Club receive $174!

The fun continues through the remainder of the season. Contact **John McClintic**, jmclintic@bamlaw.com, 925.256.8200 by Saturday night at 5pm to be included each week. Mail your checks to RCWC, PO Box 4191, Walnut Creek CA 94596.

**Early Canine Alert Fund Raiser**
Marcia Gerg

This is a fund raiser for a great organization that came to our meeting a month ago. Members who wish to support them can buy tickets for this event at their web site. Tickets are only $75 per person for dinner and the comedy show.
DV-8 Meeting - Picnic!
Coming meetings & events...

Oct 4: Dess Benedeto on family estate planning
Oct 11: Sean Randolph, Sr. Director, Bay Area Council Economic Institute
Oct 18: George Sauter, Chief Strategy Officer, John Muir Health on health systems adapting to Covid-19
Oct 27-30: District Conference, Monterey
Nov 1: Sara Harris, Principal Las Lomas High on the impact of Covid-19
Nov 8: Joe Greaves, Executive Director, Alameda-CC Medical Association on Covid-19 changes.
Nov 22: Dark for Thanksgiving.
Dec 6: Gary Cavelli, League and Bowll co-founder on College Sports as a Business
Dec 20: Dark
Dec 27: Dark

Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farms Garden Center. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page
If you want to order a lunch, please email your order to John McClintic at jmcclintic@bamlaw.com or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the $23 live meeting charge for diners.
"No-shows" will be charged the full $23.
The meeting charge for non-diners attending live is $10.

Zoom Meetings

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.
https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhStWaitqUTU0YXdEQT09
Meeting ID: 844 1076 5063 Passcode: Rotary
Local dial-up audio numbers: San Jose 1.669.900.6833 or Houston 1.346.248.7799.
# Lunch Choices

**Catered by Sunrise Bistro**

## BOX LUNCHES

**Sandwich Box**
Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie or Chocolate Banana Bread (Chef’s Choice)

**Selections:**
- Turkey - Turkey & Cranberry - Ham - BLT
- Tri Tip & Caramelized Onions - Cashew Chicken Salad
- Tuna Salad - Egg Salad
- Vegetarian: Herbed Cream Cheese, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts
- Roasted Veggie: Roasted Veggies with Tomato Basil Pesto Spread
- Vegan: Hummus, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts

**Salad Boxes**
Include Fresh Roll, Butter, Lemon Bar, Brownie or Chocolate Chip Banana Bread (Chef’s Choice)

**Selections:**
- Cobb (GF) - Thai Chicken, Cashew Chicken Salad (GF) - Chicken or Flaked Salmon Caesar’s Goddess
- Greek - Chicken & Roasted Vegetable (GF) - Edamame & Avocado Quinoa (GF)

**Specialty Boxes**

**Cindy’s Special Box**
- Grilled Mary’s Chicken Breast, Roasted Vegetables,
  Sweet Potato, House Salsa, Fresh Baked Roll,
  Brownie or Lemon Bar (Chef’s Choice)

**Tahini Lentil Bowl**
- Roasted Cauliflower & Broccolini, Charred Red Onions, Lentils, Baby Chard & Kale, Toasted Seeds,
  Herbed Lemon Tahini Dressing, Fresh Baked Roll,
  Brownie or Lemon Bar (Chef’s Choice)

**Paleo Box (GF)**
- Grilled Mary’s Chicken Breast, Roasted Vegetables,
  Roasted Sweet Potatoes, Fresh Fruit & Nuts

**Note:**
**(GF) (Vegan) Includes Piece of Fresh Fruit & Chia Seed Pudding
**Mariposa Gluten Free Bread**
Club Officers
Immediate Past President
Peter Kohn
Secretary
Marcia Gerg
Attendance Secretary
Trudy Cumming
Treasurer
John McClintic
Sergeant at Arms
Trudy Cumming
Bulletin Editor
Clint Collier
Membership
Cathy Durfee
2021-2023 Directors
Prem Abraham
Darren Kelly
Trudy Trinner
2022-2024 Directors
Jason Callan
Jerry Benoit
Lance Mendes

District Officers
Asst. Governor DV8
Dess Benedetto
DEI Chairman
Milt Smith
Sergeant at Arms
Layton Hansen