

The Walnut Leaf

The Bulletin of the Rotary Club of Walnut Creek

www.rotarywc.org

Rotary



Today's Meeting

Daniel Buckshi: Update on Walnut Creek

April Sun is our newest member.

International

International President

Jennifer Jones

Canada

International President

Elect

Gordon R. McNally

Scotland

District 5160

District Governor

Suzanne Bragdon

District Governor Elect

Claire Roberts

Walnut Creek

Club 465

President

Gary Stein

President Elect

Gordon Fischer



CITY OF
**WALNUT
CREEK**



traveling, different cultures and meeting new people.

April is the owner of Sun Bodyworks and is a personal trainer and massage therapist. She resides in Concord and says that she has volunteered with Habitat for Humanity and has recently helped organize a book drive to benefit a domestic abuse and homeless shelter. She loves reading,

Betsy Yuan has applied for Membership.



She reports that she is very involved in book drives and book fairs to help spread interest and love for reading and is an enthusiastic volunteer and a brand partner with her company while working on launching a children's creative play toy company, Wonderdust. She first contacted the club for support of her current project which is detailed on the next page.

Betsy is a Pharmacist with Alameda County and a brand partner at PaperPie, a children's book and toy company. She and her husband reside in Concord and is the mother of an 4 year old girl who is excited about starting kindergarten this fall.

Open Space project.

Don Willoughby

Our Club will be constructing the first of two pergolas in the picnic area at the Sugarloaf Open Space in April. We'll start by putting a first coat of stain on the numerous pieces of lumber on Saturday April 1st. A second coat will be applied on Wednesday April 5. **Don Willoughby** sent out an email to the club on Monday morning March 20 listing the folks who volunteered for a shift on those days. If you need to change a shift, or would like to be added, please contact **Don**. The work will be done at the Sugarloaf Open Space. The morning shift will start at 9:00 am, and the second shift at 1:00 pm. Thanks to all who have volunteered! This should be a wonderful addition to the picnic area.

Book Fundraiser.

Hello, my name is Betsy! I'm helping to run a book drive fundraiser to help reach 150 foster children in Contra Costa County. The book drive would be sponsored members and friends of the Rotary club in association with a publishing company called PaperPie. The goal is for each child to receive an EmpowerME pack: \$50 worth of high quality, new books that fuel their knowledge and wellness, packaged in a cinch backpack. Because of PaperPie's matching per donation, it's only \$35 to sponsor one child, \$70 to sponsor two children, \$105 to sponsor 3 children and so on. I learned about PaperPie shortly after my daughter was born. At first, I was simply

buying their books and reading to her when she was a baby. Because of how much I loved their books and believe in literacy as a lifestyle, I signed up to become a brand partner. I don't do many personal sales, but instead, focus my efforts on book drives for schools, learning centers and daycare's and book drive fundraisers for children who may not otherwise have the luxury of having new books and toys. I'm excited to partner with the Rotary Club of Walnut Creek to support our foster youth population.

Betsy Yuan

Join the Fun...Happy Hour

Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!

Contact **Darin Kelly** for details and to see if this is a meeting week.

Coming meetings & events...

April 4: Ozgur Kozaci

Seismic activity in the Middle East

April 11: Lisa Mistry Ghatala

Ayurvedic Practitioner

April 15: Spring Assembly

April 18: Robert Tufel

Cancer Support Community

April 25: Gloria Duffy

Commonwealth Club of California

May 27-31 RI Convention, Melbourne, Australia

Other Club Officers

Immediate Past President

Peter Kohn

Secretary

Marcia Gerg

Attendance Secretary

Trudy Cumming

Treasurer

John McClintic

Sergeant at Arms

Trudy Cumming

Bulletin Editor

Clint Collier

Membership

Cathy Durfee

2021-2023 Directors

Prem Abraham

Darren Kelly

Trudy Trinner

2022-2024 Directors

Jason Callan

Jerry Benoit

Lance Mendes

District Officers

Asst. Governor DV8

Dess Benedetto

DEI Chairman

Milt Smith

Sergeant at Arms

Layton Hansen

Live Meetings

Members now have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lake-side Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page

If you want to order a lunch, please email your order to

John McClintic at jmclintic@bamlaw.com

or leave voicemail at 925-256-8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the \$23 live meeting charge for diners. "No-shows" will be charged the full \$23.

The meeting charge for non-diners attending live is \$10.



Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

<https://us06web.zoom.us/j/84410765063?pwd=dVBnK1hPV3NhcStWaitqUTU0YXdeQT09>

Meeting ID: 844 1076 5063 Passcode: Rotary

Local dial-up audio numbers: San Jose 1.669.900.6833 or Houston 1.346.248.7799.

Next week - Lunch Choices Catered by Sunrise Bistro

BOX LUNCHES

Sandwich Box

Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie
or Chocolate Banana Bread (Chef's Choice)

Selections:

Turkey - Turkey & Cranberry - Ham - BLTA

Tri Tip & Caramelized Onions - Cashew Chicken

Salad - Tuna Salad - Egg Salad

Vegetarian: Herbed Cream Cheese, Avocado, Carrots,
Beets, Cucumber, Tomato & Sprouts

Roasted Veggie: Roasted Veggies with Tomato Basil
Pesto Spread

Vegan: Hummus, Avocado, Carrots, Beets,
Cucumber, Tomato & Sprouts



Salad Boxes

Include Fresh Roll, Butter, Lemon Bar, Brownie or
Chocolate Chip Banana Bread (Chef's Choice)

Selections:

Cobb (GF) - Thai Chicken, Cashew Chicken Salad
(GF) - Chicken or Flaked Salmon Caesar's Goddess -
Greek - Chicken & Roasted Vegetable (GF) -
Edamame & Avocado Quinoa (GF)



** (GF) (Vegan) Includes Piece of Fresh Fruit & Chia
Seed Pudding

** Mariposa Gluten Free Bread

SPECIALTY BOXES

Cindy's Special Box

Grilled Mary's Chicken Breast, Roasted Vegetables,
Sweet Potato, House Salsa, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Tahini Lentil Bowl

Roasted Cauliflower & Broccolini, Charred Red
Onions, Lentils, Baby Chard & Kale, Toasted Seeds,
Herbed Lemon Tahini Dressing, Fresh Baked Roll,
Brownie or Lemon Bar (Chef's Choice)

Paleo Box (GF)

Grilled Mary's Chicken Breast, Roasted Vegetables,
Roasted Sweet Potatoes, Fresh Fruit & Nuts



BOOK FUNDRAISER

benefiting the children of
Contra Costa Foster Friends



Contra Costa Foster Friends' Mission Statement:

provide foster families in Contra Costa County with critical and ongoing support so that they are able to continue opening up their hearts and homes to foster children. We accomplish this by building relationships. Meeting tangible needs and giving them a place to be encouraged, valued, and connected.



AGES 0-2



AGES 3-5



AGES 6-9



AGES 10-13



AGES 14+

424,000

the national average of children in the foster system at any given time

9 in 1,000

children are abused, which often puts them into the foster care system

6.1

the median age of children in foster care

40%

of children in foster care having learning disabilities

Our goal: sponsor 50 children | \$35 sponsors one child

To donate: cash, checks to Betsy Yuan or Venmo
Questions? booksfortheimagination@gmail.com



@betsyyuan