Today’s Meeting
Louise Nayer, Author Elements of Memoir Writing

Last weeks meeting...

..by Ford Roosevelt, grandson of the president, has inspired member of the club to organize a visit to the USS Potomac which is being organized by Carolina Alas-Hemp-hill.

The USS Potomac, is berthed at Jack London Square. We will do this on Sunday September 24th at around noon. The fee for this tour is $10 per person. We will have a docent for every group of eight people. We can have several groups, they will just assign a different docent per group.

Parking is really close by and conveniently located at the corner of Washington and 2nd Street (Jack London Square Parking Garage). The USS Potomac Visitor Center is only one block on your right at 540 Water Street.

Please RSVP to me, no later than Friday September 15th.
I will be collecting your fees at our meeting, or at the Yacht.

Join the Fun...Happy Hour
Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!
Contact Darin Kelly for details and to see if this is a meeting week.

Coming meetings & events...
September 19: Greg Baer, Director of Airports Buchanan Field Airport
September 24: Visit to USS Potomac
September 26: Mike Thomas, President and CEO John Muir Hospital
October 10: Therese Buhiman, Athletic Director Girls Football/High School Sports
October 17: Claire Roberts, District Governor

District Governor Visit
October 31: Linda Fodrini-Johnson, Author
Sleep Discussion

Community Service Day.
Walnut Creek will be holding its annual Community Service Day in October (the 14th). Rotarian Jesse Smyers will be coordinating our participation in this event. Want to help, be involved? Contact Jessie.
Over the top!
Collectively we are donating the following to Contra Costa Foster Friends

- Diapers: 811 pairs
- Wipes: 68 packages
- Socks: 295 pairs
- Underwear: 175 pairs
- Tights/leggings: 4
- Undershirt/onesies: 14

Thank you everyone for your donations and generosity!

Betsy & April

Building Little Free Libraries
We’re hoping that we can build and fill a series of Little Free Libraries across Walnut Creek and surrounding cities that emphasize diversity and inclusion by filling these library boxes with culturally relevant books for young children.

The vision and design of these library boxes is that they would be on shorter posts so that children can reach and pick out their books themselves. The library box itself would be taller to fit picture books easily.

To figure out if this is a viable idea, we need a few people to be library stewards and volunteer their yard area to have one of these built and put up. Please let us know if you're interested in having one of these built on your property.

Also, let us know if you'd be interested in helping to:
1. Design and build the libraries
2. Paint and decorate the libraries once they’re completed.

Betsy & April
Live Meetings

Members have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page If you want to order a lunch, please email your order to: John McClintic at jmcclintic@bamlaw.com or leave voicemail at 925.256.8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included.

Orders must be received no later than noon, Friday preceding the meeting.

Your meal is included in the $23 live meeting charge for diners. "No-shows" will be charged the full $23.

The meeting charge for non-diners attending live is $10.

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm.

https://zoom.us/j/94987367676?pwd=TUJiWXFlNWk3SWI2dzhVZZ01vdzBuQT09

Meeting ID: 939 5921 4209  Passcode: WCRotary
Next week - Lunch Choices
Catered by Sunrise Bistro

**BOX LUNCHES**

**Sandwich Box**
Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie or Chocolate Banana Bread (Chef’s Choice)

**Selections:**
- Turkey - Turkey & Cranberry - Ham - BLTA
- Tri Tip & Caramelized Onions - Cashew Chicken Salad
- Tuna Salad - Egg Salad

Vegetarian: Herbed Cream Cheese, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts
Roasted Veggie: Roasted Veggies with Tomato Basil Pesto Spread
Vegan: Hummus, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts

**Salad Boxes**
Include Fresh Roll, Butter, Lemon Bar, Brownie or Chocolate Chip Banana Bread (Chef’s Choice)

**Selections:**
- Cobb (GF) - Thai Chicken, Cashew Chicken Salad
- (GF) - Chicken or Flaked Salmon Caesar’s Goddess
- Greek - Chicken & Roasted Vegetable (GF) - Edamame & Avocado Quinoa (GF)

**SPECIALTY BOXES**

**Cindy’s Special Box**
Grilled Mary’s Chicken Breast, Roasted Vegetables, Sweet Potato, House Salsa, Fresh Baked Roll, Brownie or Lemon Bar (Chef’s Choice)

**Tahini Lentil Bowl**
Roasted Cauliflower & Broccolini, Charred Red Onions, Lentils, Baby Chard & Kale, Toasted Seeds, Herbed Lemon Tahini Dressing, Fresh Baked Roll, Brownie or Lemon Bar (Chef’s Choice)

**Paleo Box (GF)**
Grilled Mary’s Chicken Breast, Roasted Vegetables, Roasted Sweet Potatoes, Fresh Fruit & Nuts

**(GF) (Vegan) Includes Piece of Fresh Fruit & Chia Seed Pudding
** Mariposa Gluten Free Bread