Today’s Meeting
A New Year, a new President!

International
International President
Gordon R. McInally
Scotland
International President Elect
Stephanie A Urchick
United States

District 5160
District Governor
Claire Roberts
District Governor Elect
Dan Geraldi

Walnut Creek
Club 465
President
Gordon Fischer
President Elect
Marcia Gerg
Board Meeting on Zoom!
The meeting of the club’s board of directors, the evening of the 11th, is a Zoom only meeting. There is no physical gathering of the board! If you are interested in attending contact President Gordon for the Zoom link!

Join the Fun...Happy Hour
Every other Thursday at 5:00 PM members of the club, friends and guests gather at the Bay Club (2805 Jones Road Walnut Creek) to celebrate the almost conclusion of yet another fortnight of Rotary. Drinks, nibbles and conversation all flow. There is free parking in the garage adjacent to the entrance (until the valet parking is back)!
Contact Darin Kelly for details and to see if this is a meeting week.

Coming meetings & events...
July 25: Lisa Mistry Ghatala
Ayurvedic Medicine Benefits

Community Service Day.
Walnut Creek will be holding its annual Community Service Day in October (the 14th). Rotarian Jesse Smyers will be coordinating our participation in this event. Want to help, be involved? Contact Jessie.

The 4-Way Test of things we do and say:
1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?
Other Club Officers

Immediate Past President
Gary Stein

Secretary
Marcia Gerg

Rotary International Secretary
Layton Hansen

Attendance Secretary
Polio Plus Warrior
Trudy Cumming

Treasurer
John McClintic

Sergeant at Arms
Trudy Cumming

Bulletin Editor
Clint Collier

Membership
Cathy Durfee
Trudy Triner

Community Outreach
Trudy Triner

Club Hospitality
Darren Kelly

Audio Visual
Clint Collier
Tony Pasol

Fellowship
Jason Callan

Speaker Committee
Carolina Alas-Hemphill
Matt Guichard
Prem Abraham
Peter Kohn

2021-2023 Directors
Prem Abraham
Darren Kelly
Trudy Trinner

2022-2024 Directors
Jason Callan
Jerry Benoit
Lance Mendes

July’s Team!
Milt Smith (Leader)
Trudy Triner
Clint Collier
Lance Mendes
Peter Kohn
Jack Fischer
Mary Azevedo
Al Sevilla
Shalini Lugini
Frank Suess

Live Meetings

Members have the choice of joining our meetings on zoom or attending the live meeting at Heather Farm Lakeside Room, 301 N San Carlos Drive. If you choose to attend the live meeting you can pre-order your lunch (catered by Sunrise Bistro).

Choices for lunch are shown on the next page. If you want to order a lunch, please email your order to John McClintic at jmcclintic@bamlaw.com or leave voicemail at 925.256.8200.

Be sure to specify your desired "Selections" from the menu if you are ordering the Sandwich Box or Salad Box. Bottled water is included. **Orders must be received no later than noon, Friday preceding the meeting.**

Your meal is included in the $23 live meeting charge for diners. "No-shows" will be charged the full $23.

The meeting charge for non-diners attending live is $10.

Want to join us by Zoom? The Zoom session starts at 12:20pm so members can gather and chat before the meeting officially opens at 12:30pm. https://zoom.us/j/94987367676?pwd=TUJiWXFlNWk3SWI2dzVZZ01vdzBuQT09
Meeting ID: 949 8736 7676 Passcode: Rotary
Next week - Lunch Choices
Catered by Sunrise Bistro

**BOX LUNCHES**

**Sandwich Box**
Made with our Herbed or Whole Wheat Breads
Includes Potato or Pasta Salad, Lemon Bar, Brownie or Chocolate Banana Bread (Chef’s Choice)

**Selections:**
Turkey - Turkey & Cranberry - Ham - BLT
Tri Tip & Caramelized Onions - Cashew Chicken Salad - Tuna Salad - Egg Salad
Vegetarian: Herbed Cream Cheese, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts
Roasted Veggie: Roasted Veggies with Tomato Basil Pesto Spread
Vegan: Hummus, Avocado, Carrots, Beets, Cucumber, Tomato & Sprouts

**Salad Boxes**
Include Fresh Roll, Butter, Lemon Bar, Brownie or Chocolate Chip Banana Bread (Chef’s Choice)

**Selections:**
Cobb (GF) - Thai Chicken, Cashew Chicken Salad
(GF) - Chicken or Flaked Salmon Caesar’s Goddess - Greek - Chicken & Roasted Vegetable (GF) - Edamame & Avocado Quinoa (GF)

**SPECIALTY BOXES**

**Cindy’s Special Box**
Grilled Mary’s Chicken Breast, Roasted Vegetables, Sweet Potato, House Salsa, Fresh Baked Roll, Brownie or Lemon Bar (Chef’s Choice)

**Tahini Lentil Bowl**
Roasted Cauliflower & Broccolini, Charred Red Onions, Lentils, Baby Chard & Kale, Toasted Seeds, Herbed Lemon Tahini Dressing, Fresh Baked Roll, Brownie or Lemon Bar (Chef’s Choice)

**Paleo Box (GF)**
Grilled Mary’s Chicken Breast, Roasted Vegetables, Roasted Sweet Potatoes, Fresh Fruit & Nuts

**Note:** (GF) (Vegan) Includes Piece of Fresh Fruit & Chia Seed Pudding
**Mariposa Gluten Free Bread**